

EVERYONE CAN BE A LIFESAVER



Royal Life Saving

ROYAL LIFE SAVING SOCIETY - AUSTRALIA

**THE ROYAL LIFE SAVING SOCIETY AUSTRALIA
NEW SOUTH WALES BRANCH
ANNUAL REPORT 2016 - 2017**

EVERYONE CAN BE A LIFESAVER



Royal Life Saving

ROYAL LIFE SAVING SOCIETY - AUSTRALIA

Since 1894



Mission Statement

To prevent loss of life and injury in the community with an emphasis on the aquatic environments

Office Bearers

BOARD OF DIRECTORS

President	James Whiteside
Directors	Christopher Baldwin MPE JP*
	James Borbone **
	Selwyn Brown BA Education
	Anita Collins B App Sc (OT) AccOT
	Lynette Harrison BEc. LLB
	Andrew Hill
	Cindy Hoad Dip Ed (PE) BA (Sports Admin) ***
	Mark McLennan Adv Dip DP (SYD) Dip Df (Syd)
	Holly Smith MDCM, FRCPC, FRACP
	Peter Wiebe BEd, MSc, PhD ***
Chief Executive Officer	David Macallister

TECHNICAL REVIEW COMMITTEE

Chairman	James Whiteside
Committee Members	Frances Simpson-Lee
	Lisa Critoph
	Rozlynn Grey

CLUB & COMPETITION COMMITTEE

Chairman	Rozlynn Grey
Registrar	Geoff Grey
Plus two representatives from each affiliated club	

HONOURS COMMITTEE

Chief Executive Officer	David Macallister
Chairman TRC	James Whiteside
Chairman C&C	Roz Grey
Registrar's Representative	Michael Ilinsky
TRC Member	Frances Simpson-Lee

REGIONAL OFFICES

Hunter Regional Manager	Tanya Brunckhorst
Illawarra Regional Manager	Ian Kennerley
Northern Regional Manager	Jason Phillips
Riverina Regional Manager	Michael Dasey
Western Regional Manager	Alison Middleton

*(appointed 27 April, 2017)

** (appointed 24 November, 2016)

*** (resigned 8 December, 2016)



Message from the Governor of New South Wales

**His Excellency General The Honourable David Hurley
AC DSC (Ret'd)**



GOVERNMENT HOUSE
SYDNEY

Message from

**His Excellency General The Honourable David Hurley AC DSC (Ret'd)
Governor of New South Wales**

On behalf of the people of New South Wales and as Patron of Royal Life Saving Society - Australia (New South Wales), I would like to sincerely thank and congratulate the volunteers, community supporters and employees who continue to invest time and effort to ensure safe aquatic participation across our diverse waterways.

Our past summer highlighted that while our aquatic environments are beautiful and engaging, they can, to those unfamiliar, lead to tragic consequence. I commend you for the commitment and resolute passion the Society has demonstrated by being, once again, at the forefront of direct action and intervention to ensure the general public remained aware and informed of the dangers and risks of aquatic participation. You can also be proud of the continued provision of services and programs to those most in need.

Over the last 12 months, the Society has demonstrated an elevated desire to research and understand the burden of non-fatal drownings. Individuals, families and communities are left devastated by injuries that, in many cases, have resulted in traumatic brain injury. The vigilance of adults supervising children in the vicinity of swimming pools and other waterways remains a priority, the importance of which the Society will continue to remind all of us.

I would like to take this opportunity to further commend the Society on its commitment to our regional and remote communities. Due to isolation and distance, these communities are often afforded limited opportunities to engage or partake in water safety and lifesaving programs and services. The Society's network of volunteers and passionate supporters ensures that vulnerable individuals receive training and education in critical water safety agenda. Without such activities, many within these communities would miss out entirely on these important life-saving programs.

Finally, I wish to sincerely thank the Royal Life Saving Society for your dedication and motivation to address and eliminate drowning deaths throughout New South Wales.

A handwritten signature in black ink, appearing to be 'D Hurley', written over a faint, larger version of the signature.

**General The Honourable David Hurley AC DSC (Ret'd)
Governor of New South Wales**

Message From The NSW Minister For Sport

The Honourable Stuart Ayres MP

It is a privilege to be able to reflect on the enormous contributions and achievements which have been undertaken by the Royal Life Saving Society - Australia (New South Wales Branch) over the past 12 months. The Society continued to engage our communities and share valuable insight and understanding of water safety priorities and viable actions with the aim of reducing drownings.

Swimming participation and water safety education remains a critical, long term issue for the NSW Government. Our love of the water, means swimming, lifesaving and water safety skills are an essential part of the Australian way of life. It is critically important that we respect our waterways as they have the potential to change rapidly and catch even the most experienced individual off guard.

Our last summer period provided a stark reminder of the perils and dangers that aquatic environments and their associated participation can possess.

It has also been extremely rewarding to have witnessed the Society implement a range of exciting initiatives and innovations directly targeting regional and remote communities. The Society's commitment to online, flexible training and education ensures these communities have access to modern and relevant content. Rivers continue to claim a significant amount of lives in NSW and thus the ongoing commitment to educating regional and remote communities is vital.

I am pleased to also announce that the NSW Government remains committed long term to water safety across NSW and therefore continues to financially support the objectives of the Society. I am confident that this support will bring about a continued positive trend in the form of a reduced number of fatal and non-fatal drownings into the future.

The NSW Government also announced in the 2017-18 Budget the Active Kids Rebate. \$207 million has been set aside for the Program over four years from early 2018. The Program will help reduce costs for parents by providing \$100 vouchers towards sporting and fitness related costs, including swimming lessons, for every school enrolled child per calendar year.

Lastly I would like to congratulate and acknowledge the vast contributions of Royal Life Saving members and examiners who continue to develop the water safety skills and knowledge of our communities. Their teachings and offerings continue to inspire and prepare our children for recreation and activities across all our stunning aquatic locations.

The Hon. Stuart Ayres MP

NSW Minister for Sport





Message from the NSW Minister for Emergency Services

The Honourable Troy Grant MP

As the NSW Minister for Emergency Services I wish to acknowledge the significant dedication to water safety exhibited by the Royal Life Saving Society - Australia (New South Wales Branch).

Our water safety organisations play a vital role in providing advice and expertise to Government and communicating water safety messages to communities right across New South Wales, and indeed, the entire nation.

Australians spend much of their lives in and around water. Our traditional aquatic pastimes are by and large undertaken responsibly, but occasionally injuries and accidents do occur. The work of the Society is focused on developing the resilience and adaptability of our communities, so they can recognise and respond to changing water safety needs at a local level.

Since 1894, the NSW Branch of The Royal Life Saving Society has worked to reduce the incidence of drowning and turn everyday people into community lifesavers.

In recognition of its reputation for keeping the people of NSW safe by the water for over a century, the NSW Government allocated the Society \$585,000 as part of the 2016-17 NSW Water Safety Fund Community Grants Program to deliver the following projects:

- Improving pool safety for young children, including supervision in or around pools at all times, and promoting pool fence compliance;
- Educating men aged 25-34 years on the risks associated with consuming alcohol and drugs while engaging in aquatic activity through a social media campaign;
- Engaging risk-taking males aged 15-24 through a digital education resource and a free lifesaving certification system, targeting 225,000 teenagers in regional and remote schools over three years; and
- Teaching communities along the Hawkesbury, Murrumbidgee and Macquarie Rivers about water safety, common hazards, and swimming risks.

I am proud of the way community organisations, government agencies and educational precincts are working together to address water safety, after what was a tragic summer of drownings for our State.

The Office of Emergency Management (OEM) held its inaugural Annual Water Safety Forum at Parliament House on Tuesday 9 May 2017. The forum was attended by 80 representatives from 36 organisations operating in the water safety space, participants shared insights and ideas on how to reduce the number of drowning deaths in NSW. The OEM commissioned Royal Life Saving to analyse recent fatal drowning data.

As Minister, I was privileged to host this forum. The analysis of data shared with forum attendees, as well as the insights revealed through discussions, will be used to inform the Government's future drowning prevention measures. These measures will include refining the water safety public awareness campaign for the 2017/18 summer period to maximise its impact on high-risk communities, and providing the opportunity for water safety practitioners, academics, drowning prevention organisations and community groups to establish stronger links, and improve collaboration to reduce drowning.

In conclusion, I congratulate the Royal Life Saving Society and its network of community lifesavers who seek to educate, train and inform us about safe aquatic practices. I wish you well and look forward to continued developments to water safety and lifesaving skills over the next 12 months.

Troy Grant

NSW Minister for Emergency Services



Message from the President of RLSSA New South Wales Branch

Jim Whiteside

It is with great satisfaction that I report on 2016-17 - an extremely successful year for the Royal Life Saving Society – Australia (New South Wales Branch). The Society has ensured its key community obligations, that in which seeks to build a resilient and skilled aquatic community, have remained a priority focus.

In the last 12 months we have continued to engage communities and networks across NSW and have provided valuable education, training and support with more than a quarter of a million individuals receiving a swimming or lifesaving award. The skills these individuals have acquired not only provides them with an ability and confidence to enjoy a lifetime of aquatic participation but also the capacity to rescue or provide lifesaving aid to someone in need.

Of significant note is the increasing demands we are receiving from regional and remote communities across NSW. Our regional offices have provided an increased level of service and commitment over the last 12 months to supports our vision of a vast network of community lifesavers.

Every year an average of 102 people drown in NSW, with summer usually accounting for the highest number of fatalities. During the 2016-17 summer period, NSW witnessed a tragic series of drowning events across the state. The number of drowning deaths over this period and in particular between Christmas and New Year, was almost five times above the ten year average and resulted in extensive media coverage.

In response to these events, the NSW Government commissioned Royal Life Saving NSW to investigate the drowning deaths over the summer period in NSW. The investigation sought to bring clarification and insight to the period in question.

Between 1 December 2016 and 28 February 2017, 41 people drowned in NSW, including 17 between Christmas and New Year. Male fatalities accounted for 78.0% of the deaths. Indigenous people were also overrepresented in these drowning deaths, making up 4.9% of deaths but only accounting for 2.9% of the total NSW population. Although those born in Australia made up the majority of fatalities, countries of birth included individuals from China, Nepal, Pakistan and Vietnam, including five known deaths involving international students.

With an increasing state population, greater access to aquatic locations and warmer temperatures many resorted to our waterways for recreation and relaxation. Unfortunately this increased exposure and in some cases, lack of experience, led to this unprecedented outcome. Clear trends have emerged from this investigation, enabling the development and implementation of targeted prevention strategies based on high risk populations, locations and activities. By improving safety in and around our waterways, both fatal and non fatal incidents will be prevented, thus reducing the full burden of drowning. By utilising the available evidence and aligning efforts to the areas of most concern, Royal Life Saving NSW is confident positive progress can be achieved next summer and into the future.

The Society's commitment to the aquatic industry remains steadfast and the training of over 4,000 pool lifeguards each year seeks to ensure the public utilising community swimming pools experience highly trained lifeguards well versed in preventative actions and highly skilled rescue response. We are extremely proud of the standard and professionalism of this industry sector and Royal Life Saving will continue to contribute its intellectual knowledge and internationally renowned services as a means of strengthening our intent to reduce fatal and non-fatal drownings.

During the later phases of 2016-17 the Society agreed to terms with the NSW Education Department and entered into a formal deed to build a new aquatic facility on the grounds of Denistone East Public School. This new, modern facility will provide the local community and school population with a range of aquatic initiatives and activities to enhance their water safety skills. The Society's dedication to building community capacity has again been demonstrated via its organisational and financial commitment to such ventures and we greatly look forward to this new acquisition in approximately 18 months' time.

I would like to use this opportunity to recognise and thank the contributions of government, the community and our peers. The New South Wales Government through the Office of Sport, Sport and Recreation have continued to support Royal Life Saving NSW through the provision of core funding. In particular I would like to acknowledge the NSW Minister for Sport, The Honourable Stuart Ayres MP.

I would also like to thank the Office of Emergency Management and the NSW Minister for Emergency Services, The Honourable Troy Grant MP for key project support under the Government's Water Safety Fund Community Grants initiative.

A sincere thank you to our Patron, His Excellency General the Honourable David Hurley AC DSC (Ret'd), Governor of New South Wales who once again generously agreed to host the Society's Commendation Ceremony at Government House. We were equally honoured that His Excellency the Honourable T.F. Bathurst AC, Lieutenant-Governor of New South Wales was available to present the Commendations to the worthy recipients.

Finally, thank you to our Board of Directors, volunteers, members, staff, supporters and stakeholders who continue to work collaboratively for the communities of New South Wales.

Jim Whiteside

President RLSSA NSW Branch



Message from the Chief Executive Officer

David Macallister

It is with a great deal of pride that I report on the activities of the Society for 2016-17. The last 12 months has witnessed a continued commitment to provide the communities of NSW with a comprehensive range of swimming and lifesaving programs and services.

Australians have a genuine passion for aquatic activities and experiences and seek to enjoy the wonderful aquatic environments that surround us. In most part, the majority have a wonderful experience and look forward to their next aquatic adventure. Unfortunately for some a trip to the river or lake, or a swim at the local pool can end in disaster. Many people within our community under-estimate conditions associated with an aquatic environment or over-estimate their swimming ability.

Whilst it is important that the Society continues to advocate and promote the risks of aquatic participation it is also vital that we reinforce the significant benefits that aquatic participation provides. The benefits to physical and mental health are well documented in addition to the social enjoyment we experience as families and friends gathering around water. With a commitment to learning swimming and survival from an early age we develop future generations with skills and knowledge that ensure safe participation.

During 2016-17, Royal Life Saving continued to receive strong support from the NSW Government for many of our drowning prevention objectives. This support came in the form of core funding via the Office of Sport and Water Safety Community funds through the Office of Emergency Management. These contributions have allowed the Society to target key drowning prevention priorities including:

- Strengthening child drowning prevention programs that raise awareness of the importance of adult supervision, pool fencing, water familiarisation and Cardio-Pulmonary Resuscitation (CPR).
- Development of a coordinated approach with consistent messages to highlight risks of alcohol/drugs and aquatic activity.
- Strengthening drowning prevention and healthy activity programs targeting people aged 65 and over including promoting workforce development and infrastructure planning.
- Development, implementation and evaluation of community-focused drowning prevention plans in known inland waterway drowning black spots.
- Develop and expand interventions aimed at reducing drowning risk among international students, Indigenous and CALD communities.
- Implementation of programs that improve aquatic facility management standards and practices and that minimise risk in aquatic recreational environments.
- Strengthening the skills, standards and recognition of paid and volunteer drowning prevention workforce.

These key priorities were identified through a systematic analysis of drowning and aquatic injury data over the last decade. The Society still seeks to bring about significant reductions in fatal and non-fatal drownings across NSW by 2020. This goal is shared by the current Australian Water Safety Strategy 2016-2020.

Our progress over the past 12 months has been positive and we are able to identify trends that indicate our work is bringing about changes in behaviour, understanding and attitude. Of significant note is the reduced drowning rate over the 2016-17 period in comparison to the previous 12 months. Whilst this trend is positive we can't be complacent and therefore a continuing commitment to key drowning prevention priorities is important.

To achieve our organisational objectives and goals the Society is reliant on many factors including the contributions from our many supporters. The Society was the beneficiary of community grants via the ClubGRANTS scheme which allowed for a range of local community education and training initiatives. These programs bring about water safety education opportunities for many who normally would go without. Our sincere thanks to these Registered Clubs and their members.

To our vast number of volunteers who provide lifesaving programs and services throughout our State, thank you. Your continued contribution to the Society and the community is vital to bring about a reduction in fatal and non-fatal drowning.

I would also like to use this opportunity to thank the NSW Government for its continued support. Our collaborative activities have ensured an elevated understanding of key water safety agendas and priorities. In particular special thanks to the NSW Minister for Sport, The Honourable Stuart Ayres MP and the NSW Minister for Emergency Services, The Honourable Troy Grant MP who continue to support the Society and show genuine interest in our activities.

I would also like to acknowledge the contribution and support of our Patron, His Excellency General the Honourable David Hurley AC DSC (Ret'd), Governor of New South Wales. Our Commendation Ceremony at Government House remains a highlight of each year and brings immense pride to well deserving recipients.

Finally, I wish to thank the Board of Directors and the staff for their continued efforts and commitment to the ethos of the Society. Our collective enthusiasm and dedication to task ensures future generations of aquatic users are in good hands.

David Macallister

Chief Executive Officer



David Macallister receiving donation from Bruce Duncan, President of the Rolls Royce Owners Club of Australia, accompanied by Jeanne Eve, Past President.

Operations Overview

The 2016/17 year provided a number of challenges and opportunities for the Royal Life Saving NSW operational units. After experiencing a significant number of drownings over the summer it was critically important that our key advocacy, education and training commitments were comprehensively implemented and supported. Our staff, trainers and critical networks have worked tirelessly to ensure the communities of NSW have the resources and services they require to prepare for aquatic activity across a range of aquatic environments. Following is an overview of key programs and activities undertaken throughout the year.

Advocacy

Royal Life Saving's position on an extensive range of water safety issues in NSW has been developed through a commitment to research and "ground-level" activity. Our challenge is to ensure all the issues and our policy responses are understood and supported by government, industry, the corporate sector and the community.

Royal Life Saving is working hard to eliminate drowning. We believe that through coordinated and locally-driven education campaigns we can reduce the number of fatal and non-fatal drowning incidents that occur in NSW each year.

Our staff have actively participated in state and national water safety forums and engagements with other community stakeholders who are working to prevent drowning.

In the past year Royal Life Saving provided expert witness testimony and advice to coronial inquests. In addition, Royal Life staff provided input into a range of committees and advisory groups including the NSW Water Safety Advisory Council, AUSTSWIM NSW Advisory Council, Aquatic and Recreation Institute and NSW Sport and Recreation Industry Advisory committee.

It is important that Royal Life Saving works with and shares its intellectual content and expertise to bring about reductions in drowning.

Respect the River

With support from the NSW Government, Royal Life Saving NSW has provided a range of activities and support to promote safe aquatic recreation and prevent drowning in inland waterways. Rivers account for over one quarter of all drowning deaths, making rivers the leading location for drowning in Australia. It's simple – Respect the River.

Our key messaging includes:

- WEAR A LIFEJACKET
- AVOID ALCOHOL AROUND WATER
- NEVER SWIM ALONE
- LEARN HOW TO SAVE A LIFE.

Inland waterways contain many environments where drowning deaths occur – rivers, lakes, dams, irrigation channels, water tanks and creeks have all been sites of drowning deaths. The flat, still surface of an inland waterway can give a false sense of security. Currents, undertows or submerged objects – even in seemingly tranquil waterways – can prove to be very dangerous.

Inland waterways are not patrolled by lifeguards, and should someone get into trouble, there may be no one there to assist.

Royal Life Saving Top 10 River Drowning Black Spots are - 1. Murray River 2. Brisbane River (QLD) 3. Yarra River (VIC) 4. Swan River (WA) 5. Hawkesbury River (NSW) 6. Murrumbidgee River (NSW) 7. Sandy Creek (QLD) 8. Derwent River (TAS) 9. Katherine River (NT) 10. Macquarie River (NSW)

Our focus has been along the Murray and Murrumbidgee River communities and also where our education solutions have been in high demand. It is now important that we take our commitment to other river locations particularly those that are represented in the top 10 above.

Education and Training

Royal Life Saving's water safety education programs are designed so all Australians have the skills and knowledge to safely participate in a range of aquatic activities.

Our programs build awareness of dangers in aquatic environments, teach essential water safety skills and develop lifesaving skills that may one day save a life, reflecting Royal Life Saving's mantra that 'Everyone can be a Lifesaver'.

The range of programs allows individuals to continually develop their skills and knowledge as they move through different life stages, reflecting the unique challenges that are specific to each age group. These challenges include water familiarisation for young children, foundation skills for primary aged children, essential survival and lifesaving skills for teenagers and water safety for older adults.

Our key education programs include:

- Swim and Survive: - Wonder (6–36 months) - Active (3–5 years) - Courage (5–14 years)
- Water Smart
- Bronze Medallion
- Bronze e-Lifesaving
- Grey Medallion.

Over the last 12 months we have issued more than 100,000 certificates for these programs. It has been important to ensure that regional and remote communities continue to have access to these initiatives to ensure ongoing aquatic resilience and water safety knowledge.

Our First Aid training courses continue to be compliant with Workplace Health and Safety requirements and provide participants with the knowledge and skills to administer first aid until professional medical help arrives.

Royal Life Saving NSW provides both traditional and flexible training delivery methods including First Aid in a Box – a self-paced, flexible training program. Candidates receive their own learning manikin and DVD and complete the theory and online assessments at their own pace.

Upon completing the online content and learning CPR, candidates are required to attend a practical workshop to refine their first aid skills and be assessed for their first aid qualification. Thousands of candidates have utilised this program over the last year and receiving increasing interest from many organisations.

Resuscitation - the actions taken to keep a person alive after their own breathing and heartbeat have stopped - can mean the difference between life and death. Early intervention with Cardiopulmonary Resuscitation (CPR) can and will save lives. Royal Life Saving Resuscitation courses give participants training and knowledge in Basic Life Support, CPR, Defibrillation, Oxygen Resuscitation and Emergency Care.

All Royal Life Saving resuscitation training is delivered in accordance with the Australian Resuscitation Council (ARC) guidelines and gives both theoretical and practical experience in CPR and associated emergency care.

Over the last 25 years, Royal Life Saving NSW has issued more than 1 million certificates to successful resuscitation award candidates. This is a significant network of individuals whose possess the skills and knowledge to save a life.

Australian Pool Lifeguards are world-renowned for their high levels of skill and knowledge in accident prevention and rescue response. The minimum industry requirement for employment as a Pool Lifeguard in a swimming pool or aquatic facility is the Royal Life Saving NSW Pool Lifeguard Licence.

This entry-level qualification is recognised across Australia and in many other countries and provides a gateway into an exciting lifeguarding and aquatics career. The course covers essential modules such as accident prevention, administration, public relations, education, rescue response and basic technical operations.

Royal Life Saving believes that everyone can be a lifesaver. Whether as a responsible member of the community or for a lifesaving career, the skills you learn are skills for life. Last year more than 4,500 individuals achieved a Pool Lifeguard Licence therefore providing employment in the NSW aquatic industry.

AUSTSWIM is Australia's national organisation for the teaching of swimming and water safety and has gained an outstanding reputation. AUSTSWIM has developed a quality aquatic education program for those wishing to enter the aquatic industry as a teacher of swimming and water safety. The accreditation is the industry standard for Swimming and Water Safety Teachers™ and is delivered and recognised in each State and Territory of Australia and many countries overseas. As a foundation member of AUSTSWIM, Royal Life Saving NSW is a proud provider of AUSTSWIM courses including:

- Teacher of Swimming and Water Safety
- Teacher of Adults
- Teacher of Aquatics to People with Disabilities
- Teacher of Competitive Strokes
- Teacher of Infant and Preschool Aquatics.

Our particular focus is across regional and remote locations where approximately 900 qualifications were successfully completed. This provides a substantial network of highly skilled practitioners providing learn to swim programs to children, adults and those with a disability.

Royal Life Saving NSW also offers a Pool Operations course to assist industry bodies in meeting their obligations to industry best practice. This course is only one in a series of programs that Royal Life Saving offers to industry. This course provides candidates with the knowledge and skills relevant to the supervision and operation of an aquatic facility, plant and associated equipment and the monitoring and maintaining of water quality. This course is the industry standard for pool supervisors. Our new online program ensures candidates can complete the necessary assessment activities at their own speed. Linked with practical workshops the program ensure relevant content and mentoring support.

Working in the Aquatic and Recreation Industry can lead to a dynamic, balanced and flexible career with a range of employment opportunities. Royal Life Saving NSW has assisted candidates to improve and succeed in their chosen career by providing a range of Professional Development courses and workshops including Emergency Procedures, Supervisors and Aquatic Customer Service right through to a full qualification in Certificate III in Aquatics.



Bankstown Sports Club Marc Acuri Foundation Defib Training



CALD Adults Learn to swim

Health Promotion

Royal Life Saving's commitment to reducing drowning and aquatic-related incidents is best seen through the creation of water safe communities.

Royal Life Saving has achieved this through a proud history of promoting safe aquatic recreation and by developing health promotion programs that target special needs groups such as:

- Children under five (Keep Watch)
- Remote Indigenous Communities
- Rural and Regional Communities
- Refugees, Recent Arrivals and Culturally and Linguistically Diverse Communities
- Older Australians (Grey Medallion)
- Others including alcohol related drowning deaths.

Keep Watch continues to be Australia's most comprehensive drowning prevention and water safety program for children under five. The program has a wide range of resources and sub-programs targeting parents and carers that are designed for specific locations such as bath time, the farm and public pools.

With over 100 public pools across NSW participating in the Keep Watch @ Public Pools program, and thousands of resources distributed across NSW, Royal Life Saving continues to work towards ensuring that all children under the age of five are safe when in, on, or around water.



First Aid Safe Youth at Ryde Secondary College



Preschoolers Learn to Swim at Cabravale Leisure Centre

CASE STUDY

In response to the high number of fatalities over summer, Royal Life Saving NSW ramped up efforts to provide vital water safety education and lifesaving training to at-risk communities across the state.

A snapshot of some of our 2016-17 achievements are listed below:

METROPOLITAN SYDNEY

- 7884 Kindergarten students across Sydney learnt how to stay safe in a range of aquatic environments through our Water Smart Kindy Kids Initiative.
- 900 Stage 3 students in Western Sydney learnt about the dangers associated with rivers, creeks, lakes and dams as part of our Inland Water Smart Program.
- Over 800 Year 11 students in Sydney undertook nationally recognised First Aid and CPR training as part of our First Aid Safe Youth Initiative.
- 180 Culturally diverse adults in Western Sydney learnt to Swim as well as learning vital CPR skills as part of our CALD Adults Learn to Swim and Survive Initiative.
- 50 children aged 3-5 from CALD backgrounds in Western Sydney learnt how to swim as part of our Pre-schoolers Learn to Swim and Survive Initiative.

REGIONAL NSW

- 75 year 10 students from regional NSW (Hunter, Northern, Western, Illawarra, Orange and Riverina) completed a Youth Led CPR Initiative which saw students not only trained in First Aid and CPR also trained local year 5/6 students in CPR via a leadership program.

Each of the above projects have been offered free of charge to the community! This would not be possible without the incredibly generous support we have received from the following Clubs and Organisations.

Cabravale Diggers
Canada Bay Club
Campsie RSL
Chatswood RSL
Club Burwood RSL
Club Merrylands Bowling
Commonwealth Bank Blacktown
Coordinare South East NSW
Earlwood Bardwell Park RSL
Fairfield RSL
Mortdale RSL
North Ryde RSL
NSW Government- Family and Community Services
Penrith Panthers
Petersham RSL
Seven Hills Toongabbie RSL
St George Masonic Club
Wenty Leagues Club

Aquatic Risk Management

Aquatic Industry Safety Hub

In September 2016 Royal Life Saving launched a new National Aquatic Industry Safety Hub.

The Aquatic Industry Safety Hub was designed to become a one-stop-shop of safety information and resources for Owners and Operators of Swimming Pools and Aquatic Facilities across NSW and houses the new Guidelines for Safe Pool Operation (GSPO).

The new Hub includes:

- News and Events section which provides weekly updates on Industry Information and GSPO Changes
- A resource library full of Legislation, regulations and guidelines from across industry
- A database of Coronial inquests relating to drownings
- Online Document viewers adaptable for all forms of technology such as Tablets and mobile Phones

Visit www.guidelines.royallifesaving.com.au for further information.

Michael Ilinsky

Chief Operating Officer

Penny Hodgers

General Manager – Training and Education



**Water Smart Kindy & Inland Water Smart
Blacktown North Public School**

Aquatic Safety Training Academy (ASTA)

The Aquatic Safety Training Academy continued to play a vital role in the education of Western Sydney communities in the lifesaving skills of swimming and water safety in the past year. Delivering more than 400 water safety lessons to more than an average of 2,000 participants in weekly water safety programs is just one measure of ASTA's success in building water safe communities.

ASTA continues to provide high quality programs to local schools and community groups with more than 22 schools attending ASTA in 2016/17 to complete Swim and Survive, the Aquatic Survival Challenge, Bronze Star and Bronze Medallion programs.

Increasingly over the last 12 months adult participation in water safety programs has become a focus for the team at ASTA. Royal Life Saving has been successful in accessing vital funding for adult learn to swim programs delivered at the Aquatic Safety Training Academy. Local groups including Westmead Community Hub, Hilltop Road Community Group and NSW Community Hubs took up the opportunity to get involved to an overwhelmingly positive response.

"This is the first time I have done swimming lessons. Where I used to live in India there were not many opportunities to swim... My daughter and husband know how to swim and every Sunday I used to drive them to swimming and back, so looking at them, I got interested in swimming. This program helped me to join. Now I'm able to enter the pool and I don't feel like the water will drown me. I used to panic in the first class, now after seeing my friends swimming, I'm happy." – Anita



Participants in the Westmead Community Hub Adult Learn to Swim

Funded programs such as these, demonstrate an overwhelming need to bring greater opportunities for water safety education to adults in the communities of Western Sydney and engaging culturally and linguistically diverse communities in Australia's strong aquatic tradition. More than two-thirds of participants have continued to access swimming lessons and continue their aquatic education journey.

Spreading the water safety message is at the forefront of daily operations. From monthly workshops to water safety focuses and CPR sessions, the Aquatic Safety Training Academy aims to equip visitors with the knowledge of a range of aquatic environments. Our deep-water workshops have proved incredibly popular where residents from the local community could come and experience deep water, participate in different education activities and gain a greater understanding of their abilities and the risks associated with different aquatic environments.



Children learning a diverse range of water safety skills

In addition to local community engagement programs and workshops, ASTA is the leading facility provider of training and education opportunities with more than 70 vocational and community courses ranging from CPR to Pool lifeguard courses. With courses operating weekly, education and ongoing professional development of aquatic professionals is truly a focus and part of the countless opportunities being delivered by the Royal Life Saving team each year.



Adult Learn to Swim participants learning the skill of CPR

I'd like to acknowledge the staff at ASTA and thank them for their efforts over the past year. The delivery of engaging programs relies on passionate and committed individuals and ASTA is fortunate to have a team that exemplifies these qualities each day. We look forward to furthering the aim of the Society in providing accessible water safety education to our community into the coming year.

Matt Griffiths

General Manager – Aquatics

Hunter Regional Office

The Hunter office experienced yet another productive year with an increase in both private and public courses. Customer service has continued to be a high priority and it is pleasing to see such positive feedback being received from our course participants.

The unfortunate summer experienced with a very high number of drownings occurring, resulted in the Hunter office being very active in the media. Hopefully this assisted with promotion of being safe in and around water. The media also jumped on board with promoting "The Safe Boating Campaign" throughout the Hunter.

The amalgamation of several local councils has allowed partnerships to strengthen even further and it is very pleasing to see this office working closely with the majority of local councils along with other large organisations such as the University of Newcastle and the Department of Education.

It is fantastic to see that many swim centres have had cosmetic or structural work completed and the highlight was definitely the opening of the new Maitland Indoor Pool. This new addition which will complement the very busy seasonal outdoor pool, will allow for all year programs in learn to swim and aquatic fitness to be offered to the residents of Maitland. Congratulations to Maitland City Council on the state of the art facility.

Staff training has continued to be a focus for the trainers and partner trainers in the Hunter with professional development sessions taking place on a regular basis for First Aid, CPR and Pool Lifeguarding.

Having a presence in the community is a high priority for this office with many presentations and workshops taking place in primary schools (Basic First Aid), Summer Safety Talks (University of Newcastle), attendance at many school based conferences and we have been working very closely with some local community groups fundraising to purchase defibrillators for installation at high risk schools and community venues.

A huge thank you to the wonderful staff at Balance Health Club and Mingara One for their hospitality in hosting our Community Courses. Also a very big thank you to the Hunter Office staff Jackii Downie and Renee Amidy for ensuring the office and course bookings always run smoothly. Without our dedicated crew of trainers, we simply cannot do what we do. We are very fortunate to have a range of talented trainers and we thank them for everything that they do.

This annual report will be the last report from Bull Street, Newcastle West as we prepare to move office to McDonald Jones Stadium, Broadmeadow. A Sports House has been formed and we look forward to many new adventures in our new home and hope to continue to expand on the range of services and programs that we offer.

Tanya Brunckhorst

Hunter Regional Manager



Hunter Community Fundraiser Group Newcastle Senior School



Maitland Pool Opening

Illawarra Regional Office

The Illawarra Regional Office has experienced another busy and productive year, with figures showing a large increase in Pool Lifeguard Training throughout the Region and a slight increase in First Aid numbers. The largest growth (Number of participants undertaking a training course with the Society) has been experienced with the CPR and Anaphylaxis training, conducted within the local school sector, mostly for the teaching staff.

We were all shocked at the summer drowning data, at the time it seemed never ending. The Illawarra was part of the tragic circumstances, as per our traditional contribution to the drowning toll, it was again with the loss of life in older men participating in aquatic activities for recreation.

The Illawarra is very proud of the minimal number of drownings in the younger 0-14 age bracket, for the past 23 years the Illawarra has not followed the National trend in the 0-5 age groups. Whilst we witness the positive trend in this young age group the same can't be said re males 45 years and over. The Illawarra Office will seek to increase its activities supporting older Australians as a means of reducing fatal and non-fatal drownings.

A strategic partnership with Coordinaire has enabled the Illawarra office to undertake Grey Medallion programs in local aquatic facilities at Pambula, Vincentia, Nowra, Kiama, Shellharbour and Wollongong. The Grey Medallion program has been very well received by the community and the aquatic facilities have enjoyed facilitating the program, however there is a long road ahead to in educating our males 65+, ingraining safety habits in and around the water.

I was proud to present to Melissa Corby the Sir Walter Leonard Memorial Trophy. Some 17 years ago I met with Melissa and the then Principle of Mary Brooksbank School, in Rosemeadow. Melissa indicated that each and every child of the school be put through a weekly swim lesson, using the Swim and Survive as the delivery model. Fortunately, everyone agreed and Melissa has for 17 years delivered to each student a weekly learn to swim lesson. It is this dedication and inspiration in working with children with a disability that saw Melissa awarded the Sir Walter Leonard Memorial Trophy. Congratulations Melissa you are a very worthy recipient of the Trophy, I truly hope you are able to continue your program for another 17 years.

I would like to thank the 11 Local Government Councils Shires, State Government Departments, Schools and Tertiary Institutions, Public and Private Swimming Pools, and all individuals that have assisted the Illawarra Regional Office prevent the loss of life by supporting and working with the Society. The office staff of Tracey McMaster, Nicole Wiles and Carly Ryan, I thank you for your dedication to the Society and making our work time in the Illawarra Regional Office, an enjoyable environment.

Ian Kennerley
Illawarra Regional Manager



Ian Kennerley and Melissa Corby



Melissa and management at Aquafit Fitness and Leisure.

Northern Regional Office

In 2016-17, staff and members around the region have continued to work hard to ensure key water safety messages, training services and aquatic advocacy is accessible to those who reside in northern NSW. In our ongoing effort to achieve the Australian Water Safety Council's goal of reducing drowning by 50% by 2020, thousands of people have been trained by the region's Examiners and Trainers as Community Lifesavers in CPR, Lifeguarding and First Aid. Examiner and Trainer education has continued to strengthen with reviews of a number of key awards and resources, including the delivery of numerous workshops and training sessions for staff and members.

Royal Life Saving is appreciative of our Examiner and Trainer network for their continued work, instruction and education around the pool deck, in the classroom or by the river.

Key operational projects including the Keep Watch @ Public Pools program and the Training Partner initiative have been well received within the aquatics industry in regional NSW. These initiatives allow Royal Life Saving to spread the message of pool safety and drowning prevention to all corners of the region.

The RLS VET product continues to be a core strategic strength, enabling it to continue to hold strong positions in the region's training and education markets. The VET sector is a dynamic and competitive environment and it is pleasing that many of our existing lifesaving examiners have taken the step to gain qualifications enabling them to assist in the delivery of the RLS VET product.

The staff at the Northern Regional Office would like to extend our gratitude to our internal and external stakeholders who have assisted with our operations this year. Together, we can continue to strive towards a nation free from drowning.

Jason Phillips

Northern Regional Manager



Cameron McFarlane presenting cheques for money raised by a CPR Primary School initiative



Cameron McFarlane instructing a CPR course to regional primary school students

Riverina Regional Office

The Riverina Office has once again enjoyed a successful twelve months in promoting and carrying out the aims and objectives of the Society. Along the way we have been able to provide a balanced and professional service that is reflected in our capacity to maintain existing client relationships while enabling to develop and explore new market opportunities. We have continued to support the aquatic, educational and community sectors ensuring that our message of “everyone can be a lifesaver” is understood and carried through.

Our core course participation numbers (First Aid, Pool Lifeguard and Austswim) have reached those of last year, and have remained stable for the past five. This has been a standard over the past years where a ceiling is met, levels out and then steadily grows again. We have however seen a rapid increase in CPR participants, primarily due to the relationship that we have established with the NSW DET. We have been able to provide a quality product for their needs and look forward to maintaining this key area of business within the region.



Staff at Turvey Park Public School during CPR training

We all endured what could only be described as a horror period over the last Christmas/New Year holiday period, (in regard to aquatic fatalities) and this region was not spared tragedy and misfortune. For this reason alone, we must continue to push and promote the other areas of our work, including the “swim and survive” program, Keep Watch and River Safety. These areas are of significant importance in the community from a safety perspective as we move towards another summer with the events of last year still fresh in our minds.

The co-ordination and running of the region requires assistance and input from a number of sources. These include our dedicated staff, both permanent and casual, third party providers and volunteers. Without their skills and assistance the aims and vision of the Society would be extremely difficult to achieve and realise. I would also like to thank Verity Smith for her continued support and input and congratulate her on achieving 10 years of continued service to RLSNSW. I would also like to thank the assistance and input provided from other regional offices and Sydney staff in moving towards the common goals that we have established.

Mick Dasey

Riverina Regional Manager

Western Regional Office

Royal Life Saving enjoyed a really busy year across the Western Region during 2016/17 and our office was kept on its toes with courses and programs across a number of areas. Participation in our vocational courses continues to expand and this is supported by the dedicated trainers and volunteers working throughout our community and school networks and advocating for lifesaving awareness and training at every opportunity.

Training for staff of the Department of Education

Training in Resuscitation and Anaphylaxis for Department of Education staff has again kept our office very busy over the last twelve months, with approximately 2750 school teachers right across our region undertaking training under the new provider model. Our valued examiners continue to train where they can and many have found other avenues to advocate for first aid and lifesaving awareness within their communities.

First Aid Trainer Accreditation

Towards the end of the financial year we welcomed our first aid trainers to Orange for professional development opportunities. Two workshops were held, with just on fifty trainers who deliver our CPR and First Aid training courses with school, organisation or community settings taking the opportunity to attend. The region's Pool Lifeguard trainers will also have the same opportunity when their annual update occurs later in the year. I must say a big 'Thank You' to one of our fantastic trainers and long-time Royal Life Saving advocates, Kirsty England, who developed the content and conducted the trainer workshops on our behalf.

Bridgette, Thomas and Raymond Jones - Commendation Awards

Each year Royal Life Saving NSW presents Commendation Awards to people who have displayed outstanding initiative, expertise and empathy towards their fellow human beings by applying life saving skills in emergency situations. Following is one such example of a rescue that occurred at a regional swimming centre last summer. Congratulations to Bridgette, Thomas and Raymond on recognition of their efforts.

"On the morning of Tuesday, 17th January, 2017, Bridgette Jones was manager on duty at the Cobar Memorial Swimming Pool. The staff member rostered on to work with Bridgette did not come to work so Bridgette organised for her eldest son Thomas (16 years) to come in and be on duty as the pool lifeguard. Her youngest son Raymond (12 years) was rostered to work in the kiosk. At approximately 11.30am, Thomas went to the pool plant room and Bridgette took over as pool lifeguard. While she was surveying the pool an elderly man who was swimming with his wife, suddenly went under the water suffering a suspected heart attack. His wife screamed for help. Bridgette called for Thomas and then with the aid of a bystander, removed the man from the pool. Bridgette checked his airway, breathing and found no signs of life. Thomas arrived and immediately commenced Cardiopulmonary Resuscitation (CPR) and Bridgette ran to the kiosk and asked Raymond to phone emergency services and make an announcement to clear the pool. She collected the oxygen equipment from the manager's office and rushed it back to the patient. Ambulance officers arrived in approximately 10 minutes and they asked Thomas to continue CPR as they set up their equipment injected the patient with adrenaline. Once stabilised he was transported to hospital. High Commendations are awarded to Bridgette, Thomas and Raymond Jones. Bridgette and Thomas had only completed their lifeguard course last season and Thomas was only 16 years old. The way they handled the major emergency showed their professionalism, determination and precise actions in attempting to save the life of this man. The community and the family of the patient have given nothing but praise and positive comments with the way they handled the incident."

Vale Ernita McGrath

It was with great sadness that we learnt of the passing of a local legend, Ernita McGrath earlier this year. Ernita began her lifesaving career with Royal Life Saving in 1952 as a Swim and Survive Examiner, progressing to a Bronze Examiner and then finally to the highest level within our Examiner system, an Advanced Examiner. You will note in the Honours listing after my report that Ernita was conferred the honour of RLSSA Australian Life Membership in recognition of her dedication to lifesaving and water safety over so many years. Ernita was a wonderful lady who gave so much to her community, not just through lifesaving but in so many other ways, and she will be missed by everyone.

In conclusion, the work undertaken in our region is driven to a large extent by our motivated and dedicated trainers, examiners and volunteers and we thank you for all your efforts over the last twelve months. Thank you also to our Head Office staff and Board of Directors for your support and guidance throughout the year, and also to Jenny who excels at keeping the paperwork in our small office on a tight leash. We will continue to strive to provide a valuable service to the communities of the Western Region in the coming year.

Alison Middleton

Western Regional Manager



Orange High School First Aid Course



Bridgette, Thomas & Raymond Jones Receiving their Commendation Award at Government House

Honours

The Royal Life Saving Society Australia New South Wales Branch presents RLS Honours each and every year at New South Wales, Australian and Commonwealth levels. These Honours are presented to individuals, groups, schools and/or organisations to recognise the continued commitment, dedication and voluntary work of the Society's members, examiners, competitors, officials and supporters in promoting Lifesaving, Water Safety, survival, rescue, resuscitation and first aid.

The Society would like to thank and congratulate the following RLS Honour recipients for their ongoing support but especially their efforts during the 2016/2017 year.

AUSTRALIAN HONOURS

RLSSA Associate (2015/16)

Julie Parkes
Helen McCrindle
Paula Goode

RLSSA Fellow (2015/16)

Jim Whiteside
Mark McLennan
Geoff Grey

RLSSA Companion (2015/16)

Damian Hofman

Meritorious Service Medal (2015/16)

David Mitchell
Judith Dooley
Peter Dooley

RLSSA Life Member (2015/16)

Ernita McGrath

RLSSA Long Service Order (2015/16)

Anthony Cottee

RLSSA Australian President's Award (2015/16)

Pymble Ladies' College

RLSSA Commonwealth President's Award (2015/16)

Pymble Ladies' College

NEW SOUTH WALES HONOURS

Life Member

Jeff Collier

Long Service Star

Norm Stanley
Paula Goode
Glen Nott

Distinguished Service

Brenda Wyszynki
Lorelli Left
Gaylene Ryan
Rosemary Clarke
Ellen Bax
Michael Lewis

Associate Award

Fiona Livingstone
Luke Barry
Jenine Blessington
Isobel Forrester
Bonita Avery
Andrew Bartlett
Terry Currie
Michael Davies
John O'Brien
Derryn O'Riordan
Jessica Moody
Adam Bruckshaw
Alison Horlyck
Bruce Horlyck
Rhonda Darlington
Janine Hannigan
Trish McEwen
Terry McCallum
Sue Keirstead
Steve Kirby
Gregory Hughes
Florence Errington
Anthony Burling
Alan Pickles
Vicky Defrenza

Russell Crane Cup

Vaughan Jones

Derek Emery Memorial Trophy

Ethan Garland

Sir Walter Leonard Memorial Trophy

Tania Schmid

John Stacpoole Memorial Trophy

Pam Stanley

NSW President's Award

Bomaderry High School

Certificate of Appreciation

Jennifer Perry
Jaimie Mann
Christopher Broome
Riverina First Aid Training
Red Hill Public School
Catholic Schools Office Wagga Wagga
Kirrlea Green
Katie Brooks
Cheryl Prout
William Clarke College
Seven Hills North Public School
Our Lady of the Angels Primary
St Joseph's Catholic Primary
St Gertrude's Primary
St Thomas More's Catholic School
Good Shepherd Catholic Primary
Kerry Macey
Commonwealth Bank – Blacktown Branch
St George Masonic Club
Mortdale RSL Club
Canada Bay Club
Seven Hills-Toongabbie RSL Club
Fairfield RSL Club
Cabra-Vale Diggers Ex-Active Servicemen's Club
Campsie RSL Club
Petersham RSL Club
Earlwood-Bardwell Park RSL
Wenty Leagues Club
Club Merrylands Bowling
Penrith Panthers
Club Burwood RSL
Chatswood RSL
North Ryde RSL

Commendation Awards

In May, 2017 His Excellency The Honourable TF Bathurst AC, Lieutenant-Governor of New South Wales hosted the Society's annual Commendation Awards Ceremony at Government House Sydney.

The RLS Commendation Awards are presented to people who have attempted to save the life of a fellow human being using their knowledge in water safety, rescue and/or resuscitation to aid an injured or ill casualty. These remarkable Australians perform those skills often in emergency situations, under stressful conditions, sometimes with multiple casualties and frequently at risk to themselves.

The following people were recognised for their extraordinary efforts in rendering assistance and attempting to save a life. The RLS Commendation Awards fall under the categories of Certificate of Commendation, NSW Police Service Award, Fire & Rescue NSW Award, NSW Ambulance Service Award and NSW Rural Fire Service Award.

The Royal Life Saving Society Australia New South Wales Branch would like to congratulate each of these wonderful Commendation Award recipients. I hope you read their citations with interest.



His Excellency The Honourable TF Bathurst AC Lieutenant-Governor of New South Wales, Mr Jim Whiteside, President, RLS NSW Branch with 2017 Certificate of Commendation Award recipients, NSW Police Award recipients, Fire & Rescue NSW Award recipients and NSW Rural Fire Service Award recipient.



Gavin Martin

Certificate of Commendation presented to: Gavin Martin

On the afternoon of 23 February, 2015, Gavin Martin was at his home in Bega when he heard his neighbour scream uncontrollably. Gavin went to his rear balcony to see his neighbour running from the pool area of their property with her youngest female child in her arms. Gavin immediately deduced that the baby had been in the pool and he contacted emergency services.

Gavin then ran from his house and into the rear yard of his neighbours and saw the little girl lying on the grass. He then placed his mobile phone on loud speaker in order to hear instructions from emergency services. Gavin noticed that the little girl's lips were blue and that her eyes were rolled back in her head. He rolled her on to her side to make sure her airway was clear, then rolled her on to her back, tilted her head back and gave two short breaths into her lungs. Under instruction from the 000 operator, he commenced and continued Cardiopulmonary Resuscitation (CPR) on the little girl until the arrival of the ambulance. He continued CPR until the ambulance officers were in a position to take over from him and continued to assist until she was conveyed to the Bega District Hospital. Gavin remained and comforted the family and also sought other friends to come and assist him.

High Commendations are awarded to Gavin Martin for responding and without hesitation giving assistance in what must have been a very traumatic situation in an attempt to save the life of this little girl.

Certificates of Commendation presented to: Lily Fernandez and Joel Toniato

About 6.30pm on 8 September, 2015, Lily Fernandez and Joel Toniato were carrying out their duties as lifeguards at Blacktown Leisure Centre.

A four year old boy was swimming in the wave pool unaccompanied. During his swim, he drifted to the deep end of the pool and started to panic. Lily was stationed on the wave pool and was the first responder, noticing that the little boy was under the water. She alerted all staff at the centre via two way radio prior to entering the water to rescue him. Joel Toniato proceeded to the wave pool via the emergency access and assisted Lily in removing him from the water. Once on the beach area of the wave pool, Joel and Lily cleared his airway, checked for a pulse and not finding one, commenced Cardiopulmonary Resuscitation (CPR). Joel also co-ordinated staff to phone the ambulance and kept the crowd under control. Together they continued CPR until the arrival of the ambulance and the little boy regained consciousness. He was taken to hospital for a check-up and observation and remained there for two days. He subsequently made a full recovery and has since returned to swimming lessons.

High Commendations are awarded to Lily Fernandez and Joel Toniato for taking prompt and proper action. Their swift actions were undoubtedly instrumental in saving the life of this little boy.



Rowan Pollard

**Certificate of Commendation presented to:
Rowan Pollard**

About 10.30pm on 13 October, 2014, a single cab Toyota Hilux Utility was travelling north on a country road in Bendemeer. Three teenagers had been partying with friends and were on their way home when the male driver became distracted causing him to lose control of the vehicle which skidded in the gravel and rolled several times. Both passengers were ejected from the vehicle suffering severe injuries. The young male driver, although suffering deep lacerations on his head and hand, made his way to Rowan Pollard's farmhouse 3 kilometres down the road to raise the alarm and obtain help.

While Rowan's wife attended to the young driver's bleeding lacerations to his head and left shoulder and phoned emergency services, Rowan drove directly to the site of the accident. When he arrived he could see a young male standing by the side of the road pointing to where the female passenger was lying. Rowan grabbed a torch and some towels and went to her aid. The young female passenger was unconscious and suffering suspected life threatening injuries. Rowan checked her for signs of open wounds or bleeding and checked her breathing which was very rattly. He tried to ask her where she hurt but was unresponsive and moaning. He placed a towel over her to keep her warm and prevent her from going in to shock and kneeling down, supported her head and neck to prevent her moving as he suspected head and/or neck injuries. He remained in this position for in excess of two hours until numerous other persons including family and ambulance officers arrived and were able to stabilise and brace her neck and release him from his position. The three occupants of the vehicle were transported to hospital. The female passenger remained unconscious at the scene and was placed in an induced coma at Tamworth Hospital before being flown to John Hunter Hospital. She suffered bleeding and swelling to the brain along with spine and pelvic fractures and internal injuries including lacerations to her liver and kidneys. She subsequently made a full recovery and suffered no permanent damage. The young male passenger required surgery and skin grafts to his left shoulder while the young driver had non-life threatening injuries.

High Commendations are awarded to Rowan Pollard. The location was remote and in darkness in the middle of the night and was approximately one hour from any emergency services. He has remained calm, and without his professional and compassionate actions it is possible the injuries to the young female could have been significantly worse.



Joel Trist and Agnieska Krowka



John Neville

**Certificate of Commendation presented to:
Joel Trist, Agnieska Krowka and John Neville**

About 7.05pm on Wednesday, 30 March, 2016 Joel Trist was surfing with his friend Brett Connellan at Bombo Beach, Kiama. They were about 100-150 metres off shore when Joel noticed a sudden commotion about 50 metres away. The first thing he saw was Brett thrashing around in the water, screaming. Brett had been knocked off his board and attacked by a shark. The attack caused massive injuries to Brett's left upper thigh and left hand. He however managed to fend off the shark, before Joel paddled over to him to render assistance. He managed to prop him up on to his surfboard as Brett was going in and out of consciousness due to shock and massive blood loss. He screamed to Agnieska Krowka who was on the shore to phone emergency services.

With both people on the one board it was a struggle to get to shore with Joel paddling and kicking unaware of the whereabouts of the shark. Joel dragged the victim on to the shore where he was assisted by Agnieska Krowka and John Neville, both registered nurses. Agnieska and John applied a tourniquet using the leg rope from the board which was critical in stemming the blood from the massive injuries sustained. Together they kept the victim calm, reassured and monitored his state of consciousness until emergency services were able to take over. Both ambulance and police officers arrived on scene a short time later. Ambulance officers worked quickly to stabilise the victim and treat his injuries. Police were able to assist ambulance officers with treatment and co-ordinate the landing and departure of the air ambulance. He was stabilised and flown to Kogarah Hospital for life saving surgery.

High Commendations are awarded to Joel Trist, Agnieska Krowka and John Neville. Joel's fast thinking and selfless actions in swimming over to his friend, together with the swift actions of Agnieska and John rendering critical first aid, were paramount in saving the life of his friend Brett.



Stephen Limebeer

**Certificate of Commendation presented to:
Stephen Limebeer**

About 12.30pm on 2 May, 2016, an elderly woman collapsed and fell heavily on to a congested roadway at Parkside Plaza, Miranda. The victim sustained life threatening injuries including severe lacerations and fractures to her arms, legs, hips, pelvis and skull. She lay motionless directly in the path of oncoming traffic with the real possibility of being struck by vehicles. She was fading in and out of consciousness and in extreme distress from pain and had difficulty breathing.

Stephen Limebeer was in the vicinity and immediately phoned 000. He ran to the patient and treated her for severe bleeding whilst supporting her head and neck for potential spinal injuries. He made splints out of towels and other available materials to support potential fractures. He also maintained control of the entire scene ensuring that bystanders kept away and that the victim's property was protected at all times. He placed his body between the victim and moving vehicles. Ambulance officers arrived approximately 20 minutes later and after stabilising the victim, transported her to hospital where she remained for a number of months.

High Commendations are awarded to Stephen Limebeer. This was an extremely stressful situation and he took control and his actions demonstrated initiative, expertise and empathy towards a fellow human being by applying lifesaving first aid. If not for his actions, the victim may have passed away at the scene.



Matthew Grimmond

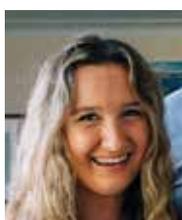
**Certificates of Commendation presented to:
Matthew Grimmond, Sophia van Camp and Stephanie Dixon**

At approximately 3.45pm on Saturday, 20 February, 2016, a father and his son decided to go for a swim at Bluey's Beach near Foster. Once they entered the water they quickly became caught in a rip and though the son was a competent swimmer, the father was not and soon began to panic and thrash around in the water. The son tried to assist his father however quickly found himself struggling to help his father on his own and called for help.



Sophia van Camp

Matthew Grimmond, Sophia Vancamp and Stephanie Dixon were close by on the beach and heard the calls for help. They saw the man's head go under the water a number of times. Grabbing a body board, they swam out to the man and managed to place him on the board and swim him back to shore. The son was able to swim to safety unassisted. The man was conscious, breathing and he began to vomit due to ingesting a considerable amount of sea water. He was treated at the scene by the ambulance personnel.



Stephanie Dixon

High Commendations are awarded to Matthew Grimmond, Sophia Vancamp and Stephanie Dixon. Their swift actions were undoubtedly instrumental in saving this man's life.



Hassan El-Sayed

**Certificate of Commendation presented to:
Hassan El-Sayed**

The Federal election was held on Saturday, 2 July, 2016. Hassan El-Sayed was one of approximately 100 people waiting in line to vote at Blaxcell Street Public School at Guildford when an elderly person nearby suddenly collapsed to the floor. A young woman screamed "somebody please help my father!"

Hassan immediately rushed over to the victim and his family and identified himself as a first-aider. Hassan knelt down and removed the victim's dentures, cleared his airway and checked his vital signs. The patient was not breathing and he could not locate a pulse. He asked a member of the public to phone emergency services and commenced cardiopulmonary resuscitation (CPR). A large crowd was gathering and he asked them to stand back and give the victim some dignity. Paramedics arrived approximately 15 minutes later and asked Hassan to continue CPR while they set up their equipment. Once paramedics took over resuscitation of the patient they asked Hassan to continue to aid them with the emergency. Once stabilised the patient was transported to Westmead Hospital where doctors and nursing staff continued medical treatment.

High Commendations are awarded to Hasan El-Sayed. This was an extremely stressful situation and he was the only person in the large crowd to offer assistance. He took control and did his utmost to preserve the life of this elderly man.

Certificates of Commendation presented to: Bridgette, Thomas and Raymond Jones

On the morning of Tuesday, 17th January, 2017, Bridgette Jones was manager on duty at the Cobar Memorial Swimming Pool. The staff member rostered on to work with Bridgette did not come to work so Bridgette organised for her eldest son Thomas (16 years) to come in and be on duty as the pool lifeguard. Her youngest son Raymond (12 years) was rostered to work in the kiosk.

At approximately 11.30am, Thomas went to the pool plant room and Bridgette took over as pool lifeguard. While she was surveying the pool an elderly man who was swimming with his wife, suddenly went under the water suffering a suspected heart attack. His wife screamed for help. Bridgette called for Thomas and then with the aid of a bystander, removed the man from the pool. Bridgette checked his airway, breathing and found no signs of life. Thomas arrived and immediately commenced Cardiopulmonary Resuscitation (CPR) and Bridgette ran to the kiosk and asked Raymond to phone emergency services and make an announcement to clear the pool. She collected the oxygen equipment from the manager's office and rushed it back to the patient. Ambulance officers arrived in approximately 10 minutes and they asked Thomas to continue CPR as they set up their equipment injected the patient with adrenaline. Once stabilised he was transported to hospital.

High Commendations are awarded to Bridgette, Thomas and Raymond Jones. Bridgette and Thomas had only completed their lifeguard course last season and Thomas was only 16 years old. The way they handled the major emergency showed their professionalism, determination and precise actions in attempting to save the life of this man. The community and the family of the patient have given nothing but praise and positive comments with the way they handled the incident.



Jack Lance
Hollingworth

Certificate of Commendation presented to: Jack Lance Hollingworth

On the morning of Monday, 7th March, 2016, Jack Hollingworth was heading back to shore after a morning surf when he noticed something rolling around in the waves at South Newcastle beach. On closer inspection he saw the body of a man. Jack immediately went to his aid, turned him over and saw that his eyes had rolled back. He checked the man's vital signs and soon realised he was not breathing with no pulse.

Jack began swimming the man back to shore – a distance of approximately 20 metres. Exhausted, he shouted for help as he tried to drag the man up the sand. The beach was almost empty but another man ran over and helped drag the unconscious man up the beach. Together they turned him over and commenced Cardiopulmonary Resuscitation (CPR) as there was still no breathing or pulse. Three other people came to help, one bringing a defibrillator, and together this group of strangers worked like clockwork, alternating CPR. After approximately 10 minutes of CPR and a couple of shocks from a defibrillator, the man started coming back and his eyes opened and they rolled him into the recovery position. Ambulance officers arrived and transported the patient to hospital where he was reported to be in a stable condition.

High commendations are awarded to Jack Lance Hollingworth whose actions were outstanding. If Jack had not seen the man and dragged him to shore the result would have been a retrieval not a rescue and resuscitation.

Certificates of Commendation presented to:

Paulo Sagala, Melinda Chambers, Noel Gurney and Maros Elsik

New South Wales Police Award presented to:

Senior Constable Christopher Vallis



Paulo Sagala



Melinda Chambers



Noel Gurney



Dr Maros Elsik

At approximately 9.30pm on Friday, 13th March, 2015, Paulo Sagala had just finished a game of Golden Oldies Rugby at Killara and was being driven home by a friend. While driving down The Commenarra Parkaway, the car suddenly veered towards the left side of the road, colliding with the guard rail and beginning to roll down the hill. Paulo applied the hand brake and managed to bring the vehicle to a complete stop. Paulo looked at his friend and he had a fixed stare – unbeknown to Paulo suffering a cardiac arrest.

When the car stopped, Paulo got out of the car and tried to arouse his friend but there was no response. He pulled him out of the car laying him on the roadway and tried to wave down passing cars. Melinda Chambers stopped and ran over and checked James for vital signs. She determined that he was unconscious and did not have a pulse so decided to begin Cardiopulmonary Resuscitation (CPR) which she had only learned the previous month. Noel Gurney also ran to help and began Expired Air Resuscitation (EAR) on the patient. Melinda was tiring from CPR, so asked Paulo to help, giving him brief instructions as he had never learnt CPR but carried it out with the help of instruction from Melinda. Dr Maros Elsik, a cardiologist, also stopped. He checked on the patient and assisted those already performing CPR, refining their techniques. Senior Constable Christopher Vallis and his partner arrived a short time later, he took control of the situation, taking over CPR from Paulo. NSW Ambulance arrived approximately five minutes later and a defibrillator was used successfully restoring the cardiac rhythm and cardiac output to the patient. Ambulance requested an escort to Royal North Shore Hospital which was provided by the Highway Patrol. The patient remained unconscious for a further seven days where he underwent a triple bypass.

High Commendations are awarded to Paulo Sagala, Melinda Chambers, Noel Gurney, Dr Maros Elsik and Senior Constable Christopher Vallis. The victim was fortunate that there were a number of people who assisted in his cardiac episode by conducting CPR until the arrival of ambulance officers. The fact this man is alive and well is a testament to the fantastic efforts of all of the people who participated in this traumatic emergency.



Senior Constable
Judith Crawford

**New South Wales Police Award presented to:
Senior Constable Judith Crawford**

At approximately 7.16pm on 17 May, 2014 Senior Constable Judith Crawford answered a call for urgent help for a person who had gone into cardiac arrest. Working solo, within a minute she had located the house and ran straight inside to find a woman who was performing Cardiopulmonary Resuscitation (CPR) on her husband. She was holding a phone to her ear, taking instructions from the 000 operator. Senior Constable Crawford checked the patient and could see that he was unconscious, not breathing and had no pulse and was cold to touch. The 000 operator instructed her to take over CPR and perform 600 compressions. The operator was calm, cool and collected and counted all the compressions giving great assistance to Senior Constable Crawford. At about 550 compressions the operator instructed her to complete two breaths after which she recommenced CPR compressions, completing another 100 more with the operator advising not to stop. She continued CPR until the patient moaned and moved his arm and then open his eyes at which point she placed him in the recovery position. About 10 minutes later volunteer ambulance officers arrived along with the local doctor who treated the patient and he was taken to Parkes Hospital and later flown to Sydney. He was gravely ill and not expected to survive. Senior Crawford kept in contact with the family and after a few weeks in hospital had improved and astounded doctors with his rapid recovery. He had an aorta tear to his heart and should not have survived, especially in such a remote country area.

High Commendations are awarded to Senior Constable Judith Crawford. She performed CPR for an extended period of time by herself and was successful in reviving the patient who most likely would not have survived this incident without her assistance.



Sergeant Rowan
Webber

**New South Wales Police Award presented to:
Sergeant Rowan Webber, Sergeant Ian Marshall and Senior Constable Chris Cox**

In the early afternoon of 29 April, 2015, police were called to a home in Castle Hill where a 15 year old female had been found hanging from a basketball hoop. The victim's sister had found her and on hearing her screams, neighbours had jumped over the fence to assist. They managed to lift her out of the noose, laid her down and checked for vital signs. They observed that she was still warm to touch but her body was limp and her neck was badly bruised. One of the neighbours commenced Cardiopulmonary Resuscitation (CPR) and the other phoned emergency services.

First on the scene was Sergeant Ian Marshall who immediately took over CPR whilst the attending ambulance officers were performing treatment on the female in an effort to revive her. Shortly after Sergeant Rowan Webber has taken over CPR duties to give Sergeant Marshall a rest. He continued CPR for up to 10 minutes without a break. During this time ambulance officers were attempting to ascertain through hysterical family members present the last time the young female was seen alive. Senior Constable Chris Cox took over CPR until further paramedics arrived and the girl was put on a stretcher and loaded into the ambulance at which stage a paramedic took over CPR. Further ambulance officers arrived and the decision was made to transport the young female to Westmead Childrens Hospital under police escort. Sergeant Webber provided the urgent medical escort to Westmead Hospital necessary for such an emergency.

High Commendations are awarded to Sergeant Rowan Webber, Sergeant Ian Marshall and Senior Constable Chris Cox. Situations such as this are extremely stressful and chaotic for first responders, especially when family members are present. The officers showed professionalism and skill in their outstanding efforts performing CPR and getting the female to hospital for continued treatment and efforts to revive her.



Constable Hayley
Bennett

New South Wales Police Award presented to:

Sergeant Phillip John Mounce-Stephens, Senior Constable Mitchell John Christie, Constable Hayley Bennett and Constable Thomas Alexander Martin

On 9th November, 2014, a man attended Orange police station to report that he was concerned for the welfare of his brother who had been sending disturbing text messages to family members indicating intentions of self-harm. Sergeant Phillip John Mounce-Stephens who was performing supervisor duties arranged for the missing person's mobile phone to be tracked which indicated that it was at the home address.

Senior Constable Mitchell John Christie and Constable Thomas Alexander Martin were tasked to attend the address and make enquiries. They spoke with the room mate of the missing person who informed police that he had not seen him or his vehicle. There was a semi attached garage at the back of the premises which was locked and usually full of furniture items and in his opinion, would not be able to hold a motor vehicle. Senior Constable Christie and Constable Martin searched the premises and stormwater drains at the rear of the property and were about to leave when they heard the room mate yell out for assistance. He had unlocked the garage and found the motor vehicle inside. The engine was not running, however there was a strong smell of exhaust fumes in the garage. Constable Martin went to the front driver's side of the vehicle and found the missing person in the front seat who was completely unresponsive. He pulled him from the vehicle and Senior Constable Christie immediately commenced Cardiopulmonary Resuscitation (CPR). Constable Martin requested assistance from ambulance and other police and continued performing CPR with Senior Constable Christie. A short time later Constable Hayley Bennett and Sergeant Mounce-Stephens attended the scene. Sergeant Mounce-Stephens assumed command of the situation and as Martin and Christie were showing signs of exhaustion from the demands of performing CPR, he and Constable Bennett took over CPR. Constables Martin and Bennett and Senior Constable Christie continued to perform CPR until the arrival of NSW ambulance officers who stabilised the victim and transported him to Orange Health Service a short time later.

High Commendations are awarded to Sergeant Phillip John Mounce-Stephens, Senior Constable Mitchell John Christie, Constable Hayley Bennett and Constable Thomas Alexander Martin. The officers showed great professionalism and worked together as a team in an attempt to preserve this person's life.



Scott Enfield

**Certificate of Commendation presented to:
Scott Enfield**

**New South Wales Police Award presented to:
Sergeant Matthew Lehmann**

About 7.30am on Saturday, 12 July, 2014 Scott Enfield and his friend of 24 years arrived at the Garigal National Park, Terrey Hills where they had planned to do a 30km cross country run through the fire trail as part of their training regime. When they were about 5 klm into their run Scott's friend said to him that he needed to sit down and Scott observed him to appear pale and he fell to the ground. Scott removed his backpack, placed him in the recovery position and checked his vital signs. His friend appeared to have stopped breathing so Scott commenced Cardiopulmonary Resuscitation (CPR) and contacted emergency personnel. Due to the nature of the terrain and the fact that he was not sure of their exact location, Scott performed CPR for approximately 45 minutes until the arrival of police and NSW Air Ambulance.

Sergeant Lehmann responded quickly. On arrival there was no indication as to where Scott and his friend were located. For this reason Sergeant Lehmann ran into the bushland and found that the area was mostly untouched rugged and steep bush, with loose rocks and no real obvious track. He ran down the hill in a zigzag path in order to cover the most ground and to deal with the steep gradient of the hill. After some time, he found a rough track and commenced running along this in an easterly direction. Some time later he located Scott and his friend and saw that Scott was performing CPR. Sergeant Lehmann took over CPR while the NSW Ambulance Helicopter crew landed and they set up their equipment and proceeded to use a defibrillator on the victim.

High Commendations are awarded to Scott Enfield and Sergeant Matthew Lehmann whose actions were, in all of the circumstances, exemplary. The dedication of both of them rendering aid to the patient was an example of unwavering compassion and determination under difficult circumstances.

**New South Wales Police Award presented to:
Leading Senior Constable Denise Craig**

At about 8.30pm on Monday, 12 November, 2012, police were called to a home after reports of a 21 year old man with stab wounds to his neck. A number of police vehicles responded to the call, with Constable Denise Craig and her partner being first on the scene. They were met at the front door by the girlfriend of the victim who was screaming that he was dying. She had contacted emergency services and revealed that the victim had taken a knife and stabbed himself several times in the neck after an argument.

Constable Craig and her partner ran upstairs and saw large amounts of blood on the floor and walls. In a bedroom they saw the victim being cradled by his father who was applying pressure to an extensive open wound to his neck which was bleeding profusely. Constable Craig took over from the victim's father until ambulance services arrived. An ambulance attended and conveyed the victim to Liverpool Hospital. The ambulance crew praised the actions of police stating that had police not taken the action they did it was likely the victim would have died at the scene. The victim arrived at the hospital alive but in a critical condition. He was stabilised overnight but placed on life support.

High Commendations are awarded to Constable Denise Craig. She responded quickly and without hesitation to this traumatic incident and selflessly attempted to save the life of this man despite being covered in blood and bodily fluids.



Senior Constable
Anthony Lynes

**New South Wales Police Award presented to:
Senior Constable Anthony Lynes and Senior Constable Andrew Liashenko**

On the morning of Friday 2nd August, 2013 Senior Constable Anthony Lynes and Senior Constable Andrew Liashenko responded to a concern for welfare broadcast stating an “unconscious male in vehicle” outside a property in Lurnea. On arrival they observed two male persons removing an unconscious man from a motor vehicle and placing him on the grass area near the pavement. One of the males had just commenced Cardiopulmonary Resuscitation (CPR) when Senior Constable Lynes took over from him and continued for over ten minutes. The patient was unconscious, not breathing and had no pulse. Senior Constable Liashenko notified police radio of the situation continuing to check the patient’s pulse and maintained communications with the 000 operator while continuing assessment of the patient’s condition.



Senior Constable
Andrew Liashenko

Ambulance personnel arrived and took over CPR. A short time later the patient was monitored, received life-saving defibrillation shocks and CPR was continued on route to Liverpool District Hospital. He was stabilised in the emergency department before going to the cardiac lab to receive cardiac stents.

High Commendations are awarded to Senior Constable Anthony Lynes and Senior Constable Andrew Liashenko for their swift action in administering vital first aid which was responsible for saving the life of this man. Ambulance officers commended them for their efforts, stating that without the CPR the patient would have definitely died.



Inspector Darren
Brown

**New South Wales Police Award presented to:
Inspector Darren Brown**

About 7.30 pm on Saturday, 2 February, 2013, Inspector Darren Brown from Miranda LAC was flagged down by members of the public as an elderly female had collapsed in the Sea-Level Restaurant at Cronulla. She was sharing a meal with her family and suddenly grabbed her head and fell to the floor.

Inspector Brown responded immediately and located the patient who was not breathing, did not have a pulse and was unresponsive laying on the floor. After requesting urgent assistance from NSW ambulance, he cleared the area and commenced Cardiopulmonary Resuscitation (CPR) on her. He acted as a single unit and was not assisted by any person in the restaurant. A short time later further police arrived and assisted Inspector Brown. During the CPR performed by police the patient regained a pulse and was able to squeeze his hand. After about 20 minutes she was conveyed to Sutherland Hospital with a faint heart beat.

High Commendations are awarded to Inspector Darren Brown who responded and without hesitation gave assistance in what must have been a very traumatic situation in an attempt to save this woman’s life.



Leanne Elizabeth Thomas

**New South Wales Police award presented to:
Former Detective Senior Constable Michael Brooks**

**Certificates of Commendation presented to:
Cathie Opie, Elaine Christine Towner and Leanne Elizabeth Thomas**

About 12 noon on Tuesday, 2nd June, 2009, a young man with a history of mental illness walked into Armidale police station confessing to stealing his father's car. Police took him to Armidale Hospital to see a doctor as he requested, however he then left the hospital of his own accord. Hospital staff contacted police and asked them to locate him and return him for assessment. Police located him and a pursuit followed with the young man running into a café and stealing a knife. Police asked him to drop the knife and he instead ran at police. A struggle resulted with the young man being injured.

Cathie Opie (a registered nurse) and Leanne Elizabeth Thomas, were having lunch at a coffee shop in Cinders Lane, Armidale. Elaine Christine Towner (a registered nurse) was also having lunch with a friend at a nearby bistro. Hearing the commotion they ran outside the coffee shop to see the young man lying on the roadway. Cathie offered her help and saw the man was pale and had a weak pulse however was not breathing. She immediately commenced Cardiopulmonary Resuscitation (CPR). Elaine Towner came to assist with the CPR obtaining a mask and performing Expired Air Resuscitation (EAR) while Cathie continued with the compressions. Leanne Thomas also offered assistance by taking over EAR from Elaine when she tired.

Further Police arrived at the scene moments later and an ambulance was called. Former Detective Senior Constable Michael Brooks took over the chest compressions as Cathie was tiring. The ambulance arrived and stabilised the victim and transported him to hospital. The young man had a history of mental illness and suffered paranoid delusions. Throughout the ordeal Police maintained control, assisted with CPR and organised emergency personnel.

High Commendations are awarded to Former Detective Senior Constable Michael Brooks, Cathie Opie, Elaine Christine Towner and Leanne Elizabeth Thomas. They demonstrated real professionalism and worked as a team in a very traumatic situation in an attempt to save this person's life.

**New South Wales Police Award presented to:
Detective Senior Constable Cole James Shanahan and Constable Lauren Gai Carney**

At about 9.40pm on Sunday 19 May, 2013, Detective Senior Constable Cole James Shanahan and Constable Lauren Gai Carney were called to a routine priority three job relating to a 15 year old male who suffers from Asperger's syndrome. Concerned with the welfare of the male and other members of his family, his mother had called police to come and speak with her son.

On arrival at the premises Detective Senior Constable Shanahan and Constable Lauren Carney were met by the boy's mother who directed them to his room. On opening the door they found him hanging from a USB cord tied around a ceiling fan in the centre of the room. They took him down and immediately commenced Cardiopulmonary Resuscitation (CPR) with Constable Carney commencing compressions and Detective Senior Constable Shanahan clearing his airway and commencing Expired Air Resuscitation (EAR) without the aid of a mask placing himself at risk of contamination, in the process having his mouth contaminated by vomit and fluids being expelled from the youth. Throughout this time Constable Carney continued compressions, even after the arrival of the ambulance and until the patient was removed from the home and placed in the ambulance. It is estimated that CPR was performed for a period of about 35 minutes.

High Commendations are awarded to Detective Senior Constable Cole James Shanahan and Constable Lauren Gai Carney. They showed great professionalism and worked as a team in what must have been a traumatic situation. They acted in a way that further fostered the confidence in and ability of the NSW Police Force.

**New South Wales Police Award presented to:
Senior Constable Rodney Sutcliffe and Sergeant Scott Blanch**

On 3 April, 2014, Senior Constable Rodney Sutcliffe attended a house where a male person had been found slumped in the lounge room and was unresponsive. The patient had been prescribed medication for a back problem and it was suspected that he had taken too many tablets and as a result had fallen into unconsciousness.

He immediately removed the male from the chair and made an assessment of him. He was unconscious and not breathing. He immediately began Cardiopulmonary Resuscitation (CPR) and had one of the occupants of the house contact 000. He continued performing CPR until Sergeant Scott Blanch arrived and took over Expired Air Resuscitation (EAR). Together they continued CPR without stopping until the arrival of the ambulance approximately 20 minutes later.

High Commendations are awarded to Senior Constable Rodney Sutcliffe and Sergeant Scott Blanch. They showed exemplary police work and persisted on performing CPR in difficult circumstances as there were distressed relatives and friends at the scene.

**New South Wales Police Award presented to:
Senior Constable Michael Pellegrini and Constable Kay Press**

On 15 April, 2012 Senior Constable Michael Pellegrini and Constable Kay Press were driving along Magpie Hollow Road, Bowenfels when they saw persons in the vicinity waving them down. They observed a male person lying on the ground.

A male who identified himself as the patient's son informed them that his father had suddenly collapsed and he was unable to be aroused. Police checked the patient's vital signs and observed that he was not breathing and his eyes had rolled back.

Senior Constable Pellegrini immediately commenced Cardiopulmonary Resuscitation (CPR). The patient was of a large stature which made CPR more difficult. Considerable force was required due to the size of the patient. Constable Press took over CPR to allow Senior Constable Pellegrini to rest due to fatigue. They continued in rotation until ambulance officers arrived at the scene. The patient was taken to hospital unconscious but alive.

High Commendations are awarded to Senior Constable Michael Pellegrini and Constable Kay Press. This was a stressful and upsetting situation and together they took control and did their utmost to preserve the life of a fellow human being.

New South Wales Police Award presented to:

Senior Constable Mark Weisback

At approximately 10.45pm on Friday, 12 April, 2012 a young man boarded a city bound train from Marayong after a rowdy 16th birthday party. Once in the vestibule area of the station he suffered a fit and collapsed to the ground. Passengers alerted plain clothes police who were patrolling the platform. Police then called for urgent assistance and medical attention was requested.

Senior Constable Weisback was among the police who attended and along with another police officer moved the patient into the recovery position and kept close observation on him as he suffered more convulsions. On examination he found that the patient had a weak pulse, however had stopped breathing altogether. The patient was rolled on to his back and Senior Constable Weisback began Cardiopulmonary Resuscitation (CPR). After several chest compressions, the patient commenced breathing on his own, however over the next ten minutes he fited on three occasions and stopped breathing a further four times. On each occasion, Senior Constable Weisback had to perform CPR to return the patient to consciousness. Ambulance arrived and the patient was stabilised and conveyed to Blacktown Hospital.

High Commendations are awarded to Senior Constable Mark Weisback whose persistent and outstanding efforts performing CPR undoubtedly was instrumental in saving this young man's life.

New South Wales Police Award presented to:

Senior Constable Susan Ann Coleman and Senior Constable David Xavier

About 7.30pm on 15 January, 2013, Senior Constable Susan Ann Coleman and Senior Constable David Xavier responded to an incident in Dareton where a male had stabbed himself in the neck and was lying in a pool of blood.

Arriving on the scene they immediately ran to the victim and commenced first aid on the victim who was conscious and breathing but his condition was rapidly deteriorating. Senior Constable Collins was talking to him in an attempt to keep his eyes open, while Senior Constable Coleman was holding pads on the wound to try to stem the bleeding. The victim appeared to be intoxicated and began kicking his arms and attempting to thrash around. Senior Constable Collins took hold of his left arm and leg while Senior Constable Coleman held his right while still maintaining pressure on the wound. At one point the victim's eyes rolled back, he stopped breathing, no pulse was evident and his body was limp. Senior Constable Collins commenced Cardiopulmonary Resuscitation (CPR) immediately and the victim began breathing and a weak pulse was established. A small crowd had gathered and the police officers were now dealing with a hostile crowd and an aggressive patient. A short while later, ambulance officers arrived and the police officers helped transfer the victim on to a stretcher still maintaining pressure on the wound and trying to restrain him. The victim was eventually conveyed to Mildura Base Hospital where treatment to his injuries continued.

High Commendations are awarded to Senior Constable Susan Ann Coleman and Senior Constable David Xavier who performed life saving first aid at a level beyond reasonable expectation of most persons and were instrumental in saving the life of this man.



Station Officer
Darren Bofinger

**Fire & Rescue NSW Award presented to:
Station Officer Darren Bofinger**

At approximately 12.30pm on Thursday, 29 January, 2015, Station Officer Darren Bofinger had just finished packing and loading the car and trailer after a three week camping holiday at Merry Beach when he noticed two people in the water. One was in distress while the other was desperately trying to signal for help. There was a massive swell with three metre waves. Firefighter Bofinger did not hesitate to respond. He untied his board from the roof racks of the car and ran down to the beach. He entered the water and in minutes made his way out to the two people who were caught in a rip. He immediately assisted the female in distress by pulling her on to his board and guiding it through the massive waves to shore where he put her in the recovery position. He then went to assist the other man back to the beach. He made sure that everyone was stable and safe back on the beach. Police and Ambulance personnel arrived on the scene minutes later with the rescue helicopter following 10 minutes later. The patients were assessed and treated for shock by paramedics.

High Commendations are awarded to Station Officer Darren Bofinger for his fearless and selfless actions. His ability and efficiency to rescue these people are a credit to Fire & Rescue NSW.



Retained Firefighter
Samuel Lawson

**Fire & Rescue NSW Award presented to:
Retained Firefighter Samuel Lawson**

On 17 March, 2016 Retained Firefighter Samuel Lawson was walking along Salt Beach, Kingscliff with his wife when they came across a man waving his arms around, out in the surf, obviously struggling in the huge surf. Samuel did not hesitate and entered the water and battled his way through the rip and the swell to get to the man.

Two onlookers also entered the water to try to help but also became stuck in the rip. After assisting the man to safety Sam then went back into the water to rescue these two people. Once all were back on the beach, he assessed the man and finding that he was not breathing commenced Cardiopulmonary Resuscitation (CPR). NSW Ambulance and Police arrived soon afterwards and the man was conveyed to hospital where he made a full recovery.

High Commendations are awarded to Retained Firefighter Samuel Lawson for putting his own life at risk and responding selflessly without hesitation to rescue these people. He carried out an exceptionally brave act while off duty in undertaking the successful rescue of three people in dangerous surf conditions.



Andrew Macdonald

Rural Fire Service Award presented to: **Andrew Macdonald**

On 5th September, 2015 Group Captain Andrew Macdonald was returning home from attending a Rural Fire Service (RFS) volunteer training course in the Blue Mountains when he came across the scene of a single vehicle accident near Luddenham. A car had careered off the road and had hit a tree.

On initial inspection, the female driver of the car was trapped in the wreckage, appeared to be unconscious and showing no signs of life. After making an urgent radio call for ambulance and police assistance on the local RFS channel, Andrew grabbed his first aid kit and entered the crashed vehicle by the passenger door and went to the aid of the driver. A lady who identified herself as a nurse also came to help. Realising that the driver may have suffered a heart attack, Andrew retrieved an Automated External Defibrillator (AED) from his vehicle and the nurse assisted by placing the AED on the driver while Andrew commenced External Cardiac Compressions (ECC). Due to the level of physical entrapment of the driver, it was impossible to remove her from the vehicle. Andrew then continued ECC for at least another 10 minutes until the arrival of NSW Police who helped by taking turns every few minutes delivering chest compressions. Andrew continued ECC while emergency services arrived on scene and commenced setting up their equipment to provide emergency care to the driver.

High Commendations are awarded to Group Captain Andrew Macdonald for his quick response and determined effort to preserve the life of a fellow human being.

LIFESAVERS ARE EVERYWHERE IN THE COMMUNITY

They can be teachers, students, mums, dads, firemen, plumbers or accountants. They patrol the houses, streets, workplaces and parks of the communities in which they live. They don't always wear a uniform but they can and do save lives.

ROYAL LIFE SAVING IS DEDICATED TO TURNING EVERYDAY PEOPLE INTO EVERYDAY COMMUNITY LIFESAVERS

We achieve this through:

- Education
- Training
- Research
- Health Promotion
- Risk Management
- Advocacy
- Sport and Participation

We have been doing this for over 123 years. Our programs are well researched. They are available to all.

SAVING LIVES IN NSW SINCE 1894

Registrar's Report

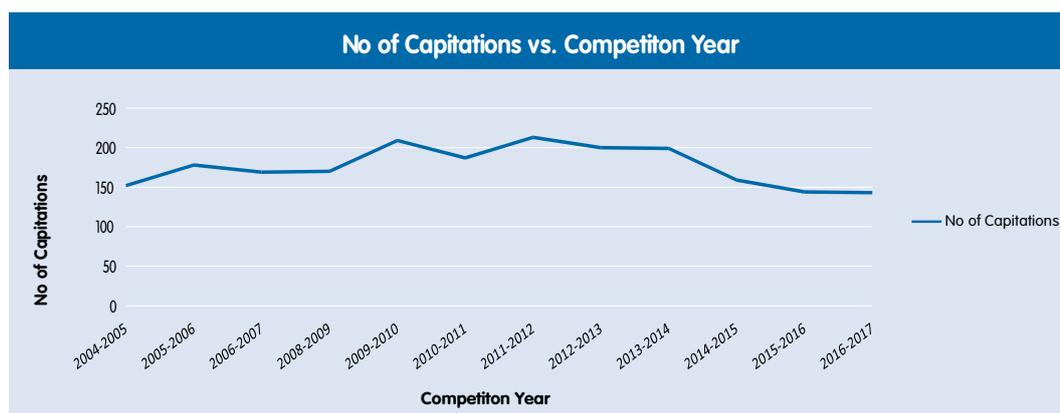
As a novice Registrar the year hasn't been without its challenges. I open this report by thanking my predecessor, Scherie McDonnell as well as Leane Macallister, Member Liaison, not forgetting my resident expert adviser on all things competition, Roz Grey, C & C Chair for their assistance as I muddled through.

The capitation records for the 2016/17 season show the number of participants in C&C activities remains relatively stable. As the C & C Committee looks to meet the challenge of promoting increased participation in competition based activities it is worth noting that National Branch's Project Officer for Lifesaving Sport and Development has been given a brief to focus on development and implementation of programmes targeting young children in the 8 - 14 age group. There has already been substantial engagement with NSW C & C which should enhance any initiatives we take locally.

Naturally, the support of the Board in providing resources to direct efforts to revitalise NSW competition is as welcome as it is timely given current National Branch competition initiatives.

For those who prefer numbers to words:

1. This graph represents the history of capitations for the last 12 seasons adjusted to eliminate the effect of 3 clubs whose member numbers were high but who had no more than 4 competitors in any one of those years. The numbers have stabilised over the last two seasons (at 144 and 143), albeit slightly below the long term year on year average.



2. This table shows the membership of affiliated clubs in NSW domestic completion in season 16/17.

AGE GROUP	ENFIELD LSC	ENGADINE AS & LSC	The HILLS S & LSC	Pt HACKING LIFEGUARDS	WORONORA LS & RPC	TOTAL
8-9	4	1	3	0	1	9
10-11	6	0	8	0	1	15
12-13	8	3	2	0	2	15
U16	4	2	10	0	2	18
U19	9	3	14	8	1	35
Open	4	1	7	3	1	16
30-44	1	0	5	1	0	7
45+	3	1	8	1	1	14
U8 Non-comp	10	1	2	1	0	14
TOTAL CLUBS	49	12	59	14	9	143

In addition to these clubs Murwillumbah SLC affiliated as a non-competing club.

In closing I'd also like to thank the clubs, not only for their support and assistance throughout the season, but also for their patience as I slowly worked out what I was supposed to be doing.

NSW Representative Competition Report

WORLD CHAMPIONSHIPS

The Competitive season started with the World Life Saving Championships in The Netherlands where the following NSW athletes were members of the combined Surf Lifesaving/Royal Life Saving Australian team in the National Teams Competition: Open - Tim Schofield and Brad Woodward; Youth – Gemma Smith, Rachel Wood, Ethan Garland and Callum Lowe Griffiths. Brad Woodward set two youth World records and followed this up representing Australia as one of the life saving athletes at the World Games in Poland.

Our competition officials were also well represented at the World Championships by Rozlynn Grey as Chief Referee of the Pool Masters Competition, Deputy Referee of all 4 SERC competitions and a senior technical official for all other competitions. Vaughan Jones and Cathy Hyne were also senior technical officials, while Geoff Grey was on the Appeals panel for the pool championships. A number of our NSW members represented their individual clubs in the World Interclub Championships or World Masters Championships.

AUSTRALIAN POOL LIFE SAVING CHAMPIONSHIPS

The NSW RLS State team competed with distinction at the RLSSA Australian Pool Life Saving Championships held in Melbourne over four days in January. They regained the overall Australian Pool Life Saving Championship title as well as winning a number of other national titles. Most of the athletes won medals or achieved personal best times. Of particular note was Lachlan Braddish who was named as the Male Lifesaver of the Meet, an outstanding accomplishment for an Under 16 competitor.

I would like to thank the Management team for the commitment they showed to the team: Andrew Bowden (Coach), Max Gonzales (manager) and Kerry Armstrong (chaperone). As well as the required coaching or management, they all provided structure during the the week of competition giving experienced guidance and support to the athletes. It's the many small behind the scenes activities that the team members appreciate including appropriate on-pool food, video recording, helping through warm up and cool downs and calming frayed nerves when required.

The NSW team of 18 comprised nine female athletes and nine male athletes. The team continued to include several athletes from regional NSW including Byron Bay, Central Coast and Wollongong. A number of the athletes also competed in the World Life Saving Championships in The Netherlands and then backed up by representing NSW at the Interstate Surf Lifesaving Championships so they are to be commended for maintaining their enthusiasm for this final competitive Championship at the end of a hectic six months.

Two coaching sessions were held in November and December leading into the Australian National Pool Lifesaving Championships. Additional SERC and CPR training was conducted during the evenings at the accommodation. A big thank you to Mitch Parkes who assisted all the members in preparation for these events.

Once again, the team remained young and inexperienced but with one more year under their belt and with experience, commitment and further training throughout the coming year the team will continue to improve leading into the 2018 National Championships and later in the year, the World Championships both being held in Adelaide. The team displayed professionalism, comradeship and humility as well as a respect and sportsmanship for their opposition.

The team commenced the competition program with many sensational performances on day one, except for the mixed results in the line throw. This was followed by an amazing second day of competition where the team dominated the speed events. However there is still improvement needed in both CPR and SERC even though the SERC teams showed improvement on the last two years of

results due to the efforts of Mitch Parkes. At the beginning of the last day the point score was on par between NSW, Qld and Victoria. While the individual results were good, it was once again the relays where the team showed their spirit and passion for the state. The team won four of the five last relays with a record-breaking fin relay to finish off the week. These final day performances lead to an outstanding result in regaining the Sir Percy Joske Trophy. Hopefully this group of athletes will continue training throughout the year and remain together and make sure we repeat this year's result in 2018.

Overall Results

Including the overall Championship events, the team won 20 gold medals, 9 silver medals and 16 bronze medals. The team won:

Speed events – 10 gold, 1 Silver and 2 Bronze medals from 13 events

SERC events – 1 silver and 2 bronze medals from the 3 events

CPR – no medals

Outstanding Results

Lachlan Braddish Under 16 Men's Individual Overall Championship

Jemma Smith Under 19 Women's Individual Overall Championship

Brad Woodward Open Men's Individual Overall Championship

Under 19 Team Overall Age Championship

Men's Teams Overall Combined Championships

The following athletes were selected in the Australian Representative teams:

Under 16 Team (Junior Barras) – Lachlan Braddish, Kaylah Holmes, Bronte Smith

Under 19 Team (Silver Barras) – Ethan Garland, Jemma Smith, Rachel Wood

RLSSA Open Team (Aussie Barras) to tour South Africa in Commonwealth Royal Life Saving Championships – Bradley Woodward, Tim Schofield, Mitch Parkes, Ela Heiniger

The following were appointed to management positions:

Max Gonzalez Manager of the Aussie Barras

Blake McCrindle Silver Barras Coach

Rachelle King Junior Barras Coach

ADDITIONAL INTERNATIONAL REPRESENTATIVES

Additional to the National Championships in January, the Commonwealth Championships were conducted in South Africa with the following NSW members being part of the 30 strong touring group which included officials.

Max Gonzales Overall Team Manager

Blake McCrindle Overall Team Coach

Athletes Ethan Garland, Mitch Parkes, Ela Heiniger, Callum Lowe-Griffiths

Officials Roz Grey (Chief Referee) and Geoff Grey

Finally, Andrew Bowden has been appointed as the Assistant Pool Coach and the following NSW members have been selected in the combined Australian squad from which the 2018 Australian Youth and Open teams will be selected for the World Championships – Keelan Bridge, Ethan Garland, Callum Lowe-Griffiths, Tim Schofield, Jemma Smith, Rachel Wood, Brad Woodward.

Rozlynn Grey

Chairperson Club & Competition

2017 Australian Pool Life Saving Championships

The following members were selected for representation in the New South Wales Interstate Team

UNDER 16	UNDER 19	OPEN LADIES	OPEN MENS	COACH	MANAGER
Lachlan Braddish	Jett Garland	Rachel Wood	Brad Woodward	Andrew Bowden	Max Gonzales
Nicholas Hodgers	Ethan Garland	Jemma Smith	Keelan Bridge	RESERVES	CHAPERONE
Kaylah Holmes	Keeley Booth	Ela Heiniger	Tom Simpson	Charlie Jeffries	Kerry Armstrong
Bronte Smith	Phillipa Emery	Rachelle King	Mitch Parkes		

2015 National Lifesaving Championship Results

Men's Under 14 Individual Overall Championship 1. Josh Patterson (VIC) 2. John Fishley (VIC) 3. Sol-Tamate Healey-Morrison (NT)	Women's Under 19 Individual Overall Championship 1. Jemma Smith (NSW) 2. Samantha Howe (VIC) 3. Rachel Wood (NSW)	Men's Over 45 Individual Overall Championship 1. Mark Johnson (VIC) 2. George Quinn (VIC)
Women's Under 14 Individual Overall Championship 1. Erica Portelli (NT) 2. Imogen Saunders (QLD) equal 2nd Jasmine Happ (VIC) equal 2nd	Men's Open Individual Overall Championship 1. Bradley Woodward (NSW) 2. Samuel Bell (QLD) 3. Liam Ryan (QLD)	Men's Over 60 Overall Championship 1. Rob Hendry (Port Hacking, NSW)
Men's Under 16 Individual Overall Championship 1. Lachlan Braddish (NSW) 2. Sam Rudland (QLD) 3. Trenton Johnson (VIC)	Women's Open Individual Overall Championship 1. Mariah Jones (QLD) 2. Leah Jones (QLD) 3. Rosie Lennox (QLD)	Women's Over 60 Overall Championship 1. Elizabeth Pratt (Sth Melbourne VIC)
Women's Under 16 Individual Overall Championship 1. Anthea Warne (QLD) 2. Madison Howe (WA) 3. Caitlin Huell (VIC)	Men's Over 30 Individual Overall Championship 1. James Evans (VIC) 2. Max Gonzalez (Hills LSC) 3. Greig Brown (SA)	
Men's Under 19 Individual Overall Championship 1. James Petropoulos (VIC) 2. Ethan Garland (NSW) 3. Brendon Smith (VIC)	Women's Over 30 Individual Overall Championship 1. Kristine Kalogeras (SA) 2. Lysa Hoang (NT)	
Interstate Women's Overall Championship 1. QLD 2. NSW 3. VIC	Interstate Men's Overall Championship 1. NSW 2. QLD 3. VIC	Interstate Overall Championship 1. NSW 2. QLD 3. VIC
Female Lifesaver of the Meet Mariah Jones	Male Lifesaver of the Meet Lachlan Braddish	Official of the Meet Joanne Teagle

Enfield Life Saving Club

The lifesaving skills that our members learn when they participate in this sport are invaluable and stay with them for life. Some of our members have had to draw on these skills when they have found themselves in emergency situations. With this in mind, we were pleased to see the core group of ELSC Lifesavers return for the 2016-2017 season and we also welcomed a few new members this season.

Summary of Awards achieved by ELSC members this season:

Bronze Cross	1
Bronze Medallion	19
Bronze Star	10
Swim & Survive	11
Discovery	3



Interclub Carnivals and NSW State Championships

Enfield held its interclub carnival on 26 February 2017 which was well supported by Enfield and other clubs. The day was a great success and very enjoyable. I would like to thank all the parents from Enfield and other clubs who helped on the day with official duties. Enfield also participated in Woronora and Hills Carnivals this season though we did see a significant drop in competitors attending.

A small contingent of Enfield Lifesavers attended the NSW State championships on 19 March 2017 and the NSW SERC Competition on 18 March 2017. Congratulations to Enfield on receiving the following awards:

- Long Service Award for 15 years of service awarded and the Russell Crane Cup for outstanding service in promoting Royal Lifesaving in the community awarded to **Carol Baglin**.
- The RLSS Commonwealth Council Certificate of Thanks in Recognition of valuable services rendered to the Society awarded to **Scherie McDonell**.
- The Ampol Cup SERC Restricted Mixed Team (consisting of 2 under 16 and 2 open competitors)–
1st place team: **Rowan Castro, Aodhan Hannigan, Sarah Hannigan, Nikita McEwen**.
3rd place team: **Conor Foley, Joshua McEwen, Shauna Murphy, Daniel Murphy**.
- 2nd place SERC Open Team: **Rowan Castro, Stefanie Goodyer, Steven Williams, Mark Williams**.
- 3rd place SERC U/16 Mixed Pair: **Nikita McEwen** and **Sarah Hannigan**.
- 2nd place U/19 Male Tow, Fins & Tube: **Mark Williams**.
- 2nd Place Open Men's Tow Fins & Tube; 3rd Place Open Men's Line Throw; 3rd Open Men's Manikin Carry with fins; 3rd Open Men's Manikin Carry; 3rd Open Men's Super Lifesaver: **Rowan Castro**.
- 3rd place 45 & over Ladies Manikin Carry; 3rd place 45 & over Ladies Obstacles: **Alison Buckley**.
- 1st Place 45 & Over Ladies Line Throw; 3rd Place 45 & Over Ladies Tow, Fins & Tube; 3rd Place 45 & Over Ladies Manikin Carry with Fins: **Mavi Giacomello**
- 12-13 Male Individual Championship: **James Segon**
- Encouragement Awards to: **Patrick McMahon; Cillian Foley; Roison O'Connell; Mason Love; Grace McMahon; Michael Bezzina; Austin Bock; Malcolm Love; Dan McMahon; Owen Foley; Ryan Hannigan; Niamh McMahon; Adam Murphy** and **Patrick Bezzina**.

Australian Pool Life Saving Championships 2017

Four Enfield Lifesavers attended the national championships which were held in Melbourne in January 2017. Sarah Hannigan, Aodhan Hannigan, Joshua McEwen and James Segon proudly represented Enfield and two competitors came home with medals.

Congratulations to all four competitors and in particular to Aodhan Hannigan on winning Silver in the U/19 Men's Line Throw and Joshua McEwen on winning Bronze in the U/19 Men's CPR.

Thank you to Janine Hannigan for accompanying and managing the team.



National competitors: James Segon, Joshua McEwen, Aodhan Hannigan, Sarah Hannigan



Joshua McEwen and Aodhan Hannigan (Medal Winners) with Scherie McDonell

Thank you to my fellow committee members, Denise Williams, Janine Hannigan, Mavi Giacomello, Scherie McDonnell and Carol Baglin for their continued commitment and to Rowan Castro who did an outstanding job stepping up as coach this season. Thank you to the staff at Enfield Pool for your continued support of our club.



Training with Andrew Bowden at the commencement of the season

Thank you to all our members and their families for the continued support. We look forward to another great season in 2017.

Trish McEwen
Club Secretary

Engadine Amateur Swimming Club

Another season has finished and some highlights need to be shared.

The Club was well represented at Carnivals this year. The culmination being the State Championships held at Granville. Three Engadine competitors were crowned as State Age Champions,

Christian Scott 8-9 Boys
Caleb Sharman 12-13 Boys
Holly Holmesby 12-13 Girls

We also had five other competitors finish in the top 3.

Nicholas Scott 12-13 Boys
Zara Sharman U16 Girls
Brittany Stoker U19 Women
Nathan Clarke U19 Men

Zara set a new state record in the 200m Obstacles, while Holly did the same in the 100m Obstacles.

Holly also represented Engadine at the National Championships held in Melbourne during January. Holly won gold in three individual events a great result for her efforts over the season.

Blake McCrindle topped another season as Club coach being named as U19 National Coach and then being selected to coach the Australian Open team competing in Durban, South Africa later this year. Congratulations Blake on your achievements.

A past member of both Engadine Swimming Club and the Royal Club Nicholas Brooks was selected to represent Australia in the Open Water Polo in a tournament held on the Gold Coast earlier this year.

Eion McCrindle

Life Saving Secretary

The Hills Swimming & Life Saving Club

The 2016 – 2017 is drawing to a close and we are proud of all the achievements and performances of all our members. Our members have done well at a variety of carnivals and championships and as always are supported by family members working in a variety of support roles. Numbers were a little lower than previous years but our returning and new members were enthusiastic not only in completing their Royal Life Saving Award but also by competing at the interclub carnivals and State Championships.

Two highlights of this season were Sandra Richardson becoming a Life Member of the Club for her dedication, commitment and hours of her volunteer time and Sophie Richardson winning the Derek Emery award for both the Club and NSW Honours.

Tuesday Nights

The Life Saving Committee would like to thank our Team of Instructors for all their hard work throughout the season. The strength of the life saving program is due to their support every Tuesday night throughout the summer season.

Ben Fishburn	Mathew Knight	Olivia Osborne	Cameron Smalley
Sarah Osborne	Sophie Richardson	Jordan Hodgers	Sam Knight

Sarah Osborne and Jordan Hodgers were the Life Saving Club Captains and we thank them for their assistance and commitment to their role this season.

Interclub Carnivals and NSW State Championships

The Hills hosted its 37th Annual Life Saving Carnival with competitors attending from the other metropolitan clubs. Thank you to the club officials and parents who assisted on the day.

The Hills Lifesavers were again successful at this year's Royal Life Saving Society State Presentation. The Life Saving section of The Hills Swimming & Life Saving Club won the Society Centenary Shield for the overall winner at the State Championships with a total of 241 points. The next highest club on 98 points was Engadine.

Below is a summary of the Trophies won by Hills members.

Trophy Name	Awarded For	Winner
Derek Emery Memorial Trophy	Honour	Sophie Richardson
John Stacpoole Memorial Trophy	Honour	Melanie Williams
RLSSA Associate	Honour	Donna Fishburn
RLSSA Fellow	Honour	Norm Stanley
Associate Awards	Honour	Max Gonzalez
Patterson Carley Memorial Trophy	U/16 Mixed Pair SERC	Marissa Lonsdale & Sarah Osborne
Kleemo Cup	Open SERC Team	Jayne Cline, Ben Fishburn, Kemton Cline & Tony Stanley
Areva Shield	U/16 Female Super Lifesaver	Sarah Osborne
Areva Shield	U/16 Male Super Lifesaver	Jordan Hodgers
Lou Stevens Memorial Trophy	Open Mens Super Lifesaver	Andrew Bowden
The NSW State Team Trophy	Open Womens Obstacles	Rachel Wood
C. W Heyde Trophy	Open Womens 100m Manikin Carry	Rachel Wood
Nerida Murray	Open Womens Super Lifesaver	Rachel Wood
Wilson Reid Trophy	Open Womens Manikin Tow with Fins & Tube	Keeley Booth
The Shoebridge Cup	Open Mens 100m Manikin Carry	Mitchell Musarra
Society Cup	Open 4 x 50 Medley Relay	The Hills A
1983 NSW State Men's Team Trophy	Open 4 x 25 Manikin Relay	The Hills A
The Walter Scott Trophy	Restricted Fin Relay	The Hills A
The Sue Gilmour Memorial Trophy	Under 12yrs Manikin Relay	The Hills
The Midget Championship Trophy	Pointscore Water Events 8 - 9 & 10 - 11 year	The Hills
The Sub-Cadet Championship Trophy	Pointscore Water Events 12 -13 & Under 16	The Hills
WH Walker Memorial Trophy	Pointscore Water Events Under 19 & Open	The Hills
The Club & Competition Trophy	Pointscore Water Events 30 -44 & 45 & over	The Hills
The Roth Shield	SERC Pointscore Perpetual	The Hills
The Society Centenary Shield	Over Championship Pointscore SERC & Pool	The Hills
The Judge Harvey Prior Memorial Trophy	Overall Interclub Pointscore	The Hills

Individual State Champions are: Emilie Chandran (8-9 yrs), Elle Jessen (10-11 yrs), Sarah Osborne & Jordan Rodgers (U/16), Ben Fishburn (Open), Andrew Bowden (30-44 yrs) and Jenny Whiteley & Daniel Harding (45 & over).

Overall Interclub Pointscore Champions are: Teana Rodgers & Jessie Eldred (10-11 yrs), Jordyn Eldred (12 - 13yrs), Sarah Osborne & Jordan Rodgers (U/16), Jayme Cline (U/19), Ben Fishburn (Open), Kemton Cline (30-44yrs) and Pam Stanley and Daniel Harding (45+ yrs).

The club won the overall Point Score Champion of the Season winning the Judge Harvey Prior Memorial Trophy for the fifteenth year in a row.

Many State records were broken by Hills members this year.

Rachel Wood	Open Ladies 200m Obstacles 2.15.09 Open Ladies 100m Rescue Medley 1.16.50 Under 19 Ladies 50m Manikin Carry 39.53
Andrew Bowden	30-44 Mens 50m Manikin Carry 32.09
Jack Curran	Under 19 Mens 200m Obstacles 2.08.21
Jenny Whiteley	45 & Over Ladies 100m Manikin Carry 1.12.75
Jemma Smith	Under 19 Ladies 12.5m Line Throw 15.94

Thank you to all those lifesavers who competed for our club throughout the season and at the State Championships. Each and every member helped us to achieve these great results both at the State Championships as well as throughout the season. Congratulations and keep up the good work.

Thank you also to the support team composed of Sandra Richardson, Andrew Bowden, Pam Stanley, Graham Taylor and Norm Stanley for their continued commitment, assistance and dedication. We also need our "parent" workforce so thank you for your support throughout the season.

Australian Pool Life Saving Championships 2017

Twenty Hills members competed at the Australian Pool Life Saving Championships 2017 at the Melbourne Sports and Aquatic Centre, Albert Park 11-13th January. Our monumental club medal tally was 67 Gold, 35 Silver and 27 Bronze.

Once again our Hills members dominated the NSW state team with twelve out of seventeen members - Kaylah Holmes, Lachlan Braddish, Jordan Rodgers, Keeley Booth, Charlie Jeffries, Bronte Smith, Jemma Smith, Rachel Wood, Rachele King, Brad Woodward, Keelan Bridge and Tom Simpson with Andrew Bowden state team coach and Max Gonzalez state team manager and Kerry Armstrong chaperone. Our Hills team consisted of Teana Rodgers, Karli Musarra, Jayme Cline, Mitch Musarra, Ben Fishburn, Giulio Palumbo, Max Gonzalez and Kemton Cline. Ben Fishburn was also the Hills coach & manager.

The team from New South Wales took back their title from Queensland as the Interstate Overall Champions with Queensland a close second. Once again, Victoria came 3rd. NSW won the Men's overall championship and came 2nd in the NSW Women's overall championship as well as winning the overall U/19 and Open Men's team and coming second in the overall U/16 and Open Women's team.

Highlights were Lachlan Braddish winning the U/16 overall male champion and winning the prestigious Male Lifesaver of the Year award, Jemma Smith winning the U/19 overall female champion with Rachel Wood 3rd, Brad Woodward winning the Open overall male champion despite only being 18 years and Max Gonzalez coming 2nd in the O/30 overall point score. Lachlan Braddish also won the Dr Ian Mackie Memorial trophy for U/16 200m Super Lifesaver, Jemma Smith won the Shayne Baker Trophy for U/19 200m Superlifesaver and Brad Woodward won the Sir Owen Cox Trophy for Open 200m Superlifesaver.

Hills members selected on the National representative teams are:

- Junior Barras (U/16) - Lachlan Braddish, Kaylah Holmes and Bronte Smith with Rachelle King selected to be the team Coach.
- Silver Barras (U/19) – Jemma Smith and Rachel Wood
- Aussie Barras (Open) – Brad Woodward, Tim Schofield with Max Gonzales Team Manager.

Congratulations on these selections.

Records were broken with Rachel Wood breaking the U/19 200m Obstacles championship record while Brad Woodward broke the National U/19 50m Carry record as well as the Championship records for Open and U/19 100m Tow and 200m Obstacles.

Our only U/14 competitor was Teana Hodgers who is 11 years and will have two more years in the age group. Teana came 11th overall with a 6th placing in 100m obstacles out of twenty-three competitors. We look forward to future results.

While not everyone was able to medal, there were great results with lots of PBs. Congratulations to our first timers Jayme and Kemton Cline as Jayme won silver in the U/19 line throw and Kemton won two bronze in the O/30s 50m and 100m carry.

Another mention must go to all the Hills officials who worked hard throughout the competition: Penny Hodgers, Aria Amid-Cox, Norm Stanley (Equipment Officer) and Pam Stanley (SERC Co-ordinator) as well as Damian Hofman (Official photographer). A big thank you to these helpers.

Congratulations to all our members on such great results.

And finally I would like to thank the Management and Staff at Waves Fitness & Aquatic Centre for their continued support of the Life Saving activities of the club and the support of the RLSS NSW office and their staff.

Melanie Williams

Life Saving Secretary



Hills S&LSC members at lifesaving training at Waves Leisure Centre

CLUBS



Hills S&LSC members at the APLSC 2017 in Melbourne



Hills S&LSC members at Woronora LS&RPC Carnival



Hills S&LSC members at NSW State Presentation 2017

Port Hacking Lifeguard Club

2016-2017 The year has seen members travel and compete in The Netherlands, South Africa and Melbourne, another successful year for our small club. We continue to train on a Sunday morning all year round.

Rescue 2016 in the Netherlands

Many officials travel to world championships and in recent years it has become a great way to get our masters involved in being athletes rather than just officials. Port Hacking invites anyone who wants to give it a go a chance to join our team so that we can give those who travel an opportunity to team up with others to maximise the events they can compete in by added team events to their programs. 8 members combined to race at Rescue 2016. Of these we had one medal finish in the pool competition with Troy and Shayne taking out Silver in the Line throw and many other very close podium finishes.

2016 World Rescue Championship Youth Team

Ethan Garland teamed up with 9 other young Australians to compete at the Worlds championships. He had a successful meet with personal best times and making A finals of all his individual events, narrowly missing podium finishes. The Australian Youth team finished on top of the national Youth point score and were crowned World Champions.

The 2017 Australian Pool Lifesaving Championships

Port Hacking only had one individual member compete at Nationals the other five members were part of the NSW state team who came home victorious in the State based point score competition.



Port Hacking members at nationals 2017

2017 Representative teams

Congratulations to the Aussie Barras team who won the Commonwealth festival of Lifesaving. Ela Heiniger, Mitch Parkes and Ethan Garland were all part of the Australian team and all brought home individual medals from the championships in Durban, South Africa.

Continued Gratitude and many thanks go to:

Port Hacking Lifeguards would like to thank Sutherland Leisure Centre and the Sutherland Shire Council for their continued support of allocated lane space on a Sunday morning. The opportunity I have as coach to pass on my knowledge to the next generation would not be possible without the availability of facilities like yours.

Huge thanks also goes out to the NSW branch, the C & C and all the officials who volunteer their time to provide access to the sport of Pool Lifesaving in NSW.

Felysia Konakoff

Port Hacking Secretary

Armidale & New England District Sub Branch

The Armidale & New England Sub Branch is approximately 70 years old. There are written records of awards being passed and presented from 1949. There has been an elected committee and minutes of Branch meetings each year since this time.

The membership has been consistent for the past 20 years with all positions on the committee being filled. The membership mainly comes from teachers in our local schools who conduct very professional life saving programs within their school curriculum.

While there are many students learning and practicing life saving techniques - aquatic safety and rescue, first aid and resuscitation it is not reflected in the sale of awards through the sub branch as many students chose not to purchase the awards gained.

However the success of the school programs can be seen in the high ranking many of them receive in the annual point score.

Many awards are also being conducted and processed by members of the local community. My thanks once again go to Steve Gollan who always makes himself available to train and assess many of these people.

My task as Secretary is made much easier by the close relationship we have with Louise and Jason in the Northern Office. All my questions and orders are processed in a very reliable time frame.

Again my concern is of the aging of the members of the Sub Branch. While there are a few younger teachers who are willing to become examiners, many of our examiners are retiring from teaching and are not as active any longer.

Sandra Laurie from Walcha Central School has retired from teaching and has passed on her knowledge (and I know her enthusiasm) to other members of her school staff. Under her leadership the Walcha Central School has always been at the top of the point score for central Schools.

Peter Dooley

Secretary / Treasurer



Vicki Kelly Receiving Distinguished Service Award from Jason Phillips

SUB BRANCHES



Armidale High School students participating in an aquatics Course



PLC Armidale students participating in an aquatics Course



Steve Gollan Indstructing CPR Course

Northern New England Sub Branch

Another season has come and gone with winter sneaking up on us.

We have had a very quiet season here with the local population shrinking somewhat and consequently school populations shrank as well. Our Summer Vacation classes which we have made our major work for the season, again clashed with another group, not the same one as before and which did take quite a number of our potential candidates. Glen Innes appears to be in a changing demographic and becoming a town of older inhabitants which is affecting many sporting and social groups in the town.

However we did have an interesting time with combinations of age groups at the end of each day's lessons – the young fitted well with the teenagers and some good games were made up and played.

On a more worrying note, our organising secretary is becoming less mobile and carried out some of the lessons from a wheelie walker. Age is a problem and he will be unable to continue for much longer. Where this leaves the Sub-Branch, we do not know as approaches for assistance have not received a good response. We have a good collection of equipment for use in the pools, but have bought no new equipment during last season.

Keith Watts, our Swim Centre Manager, was most helpful and the Glen Innes Examiner gave some valuable space. We are thankful to both.

On an interesting note, during a cleanout we discovered notes on a lecture at a workshop on "Communication – Upwards, Downwards and Sideways". It is very interesting and indicated that many bodies do not cover all levels, but seem to concentrate on one. Think about it, it may help your club.

Best wishes to all.

Elizabeth Withers

President

Warwick Twigg

Secretary

Championship and Carnival Trophies

THE JUDGE HARVEY PRIOR MEMORIAL TROPHY INTERCLUB POINTSCORE	<i>THE HILLS S & LSC</i>
THE SOCIETY CENTENARY SHIELD OVERALL CHAMPIONSHIPS POINTS SCORE SERC TESTS & POOL COMPETITION	<i>THE HILLS S & LSC</i>
ROTH SHIELD OVERALL CLUB SERC POINT SCORE	<i>THE HILLS S & LSC</i>
THE LOU STEPHENS MEMORIAL TROPHY OPEN MENS' SUPER LIFESAVER RACE	<i>ANDREW BOWDEN THE HILLS S & LSC</i>
THE NERIDA MURRAY TROPHY OPEN LADIES' SUPER LIFESAVER RACE	<i>RACHEL WOOD THE HILLS S & LSC</i>
THE AREVA SHIELD U/16 LADIES SUPER LIFESAVER	<i>SARAH OSBORNE THE HILLS S & LSC</i>
THE AREVA SHIELD U/16 MENS SUPER LIFESAVER	<i>JORDAN HODGERS THE HILLS S & LSC</i>
THE SHOEBRIDGE CUP OPEN MENS' 100m MANIKIN CARRY	<i>MITCHELL MUSARRA THE HILLS S & LSC</i>
THE C W HEYDE TROPHY OPEN LADIES' 100m MANIKIN CARRY	<i>RACHEL WOOD THE HILLS S & LSC</i>
THE STAMINA TROPHY OPEN MENS' MANIKIN TOW	<i>MITCHELL PARKES PT HACKING LG</i>
THE WILSON REID TROPHY OPEN LADIES MANIKIN TOW	<i>RACHEL WOOD THE HILLS S & LSC</i>
THE SOCIETY CUP OPEN RESCUE TUBE RELAY	<i>THE HILLS A S & LSC</i>
GEORGE H. WILLIAMS MEMORIAL TROPHY OPEN MENS' 200m OBSTACLES	<i>KEELAN BRIDGE THE HILLS S & LSC</i>
THE NSW STATE TEAM TROPHY OPEN LADIES' 200m OBSTACLES	<i>RACHEL WOOD THE HILLS S & LSC</i>
THE 1983 NSW STATE MEN'S TEAM TROPHY OPEN MANIKIN RELAY	<i>THE HILLS A S & LSC</i>
THE 1983 NSW STATE LADIES TEAM TROPHY OPEN OBSTACLE RELAY	<i>ENGADINE ASC</i>
THE WALTER SCOTT TROPHY RESTRICTED FIN RELAY	<i>THE HILLS B S & LSC</i>
THE AMPOL CUP RESTRICTED 4 PERSON TEAM SERC	<i>ENFIELD A LSC</i>
THE KLEMO CUP OPEN 4 PERSON TEAM SERC	<i>THE HILLS A S & LSC</i>
PATTERSON CARLEY MEMORIAL TROPHY U/16 PAIRS SERC	<i>THE HILLS B S & LSC</i>
THE MCLENNAN SHIELD 12-13 YRS BOYS LINE THROW	<i>CALEB SHARMAN ENGADINE ASC</i>
THE MCLENNAN SHIELD 12-13 YRS GIRLS LINE THROW	<i>HOLLY HOLMESBY ENGADINE ASC</i>
THE SUE GILMOUR MEMORIAL TROPHY U/12 YRS MANIKIN RELAY	<i>THE HILLS S & LSC</i>
THE MIDGET CHAMPIONSHIP TROPHY POINTS SCORE WATER EVENTS, 8-9 & 10-11 YRS	<i>THE HILLS S & LSC</i>
THE SUB CADET CHAMPIONSHIP TROPHY POINTS SCORE WATER EVENTS, 12-13 & U/16 YRS	<i>THE HILLS S & LSC</i>
W H WALKER MEMORIAL TROPHY POINTS SCORE WATER EVENTS U/19 & OPEN YEARS	<i>THE HILLS S & LSC</i>
THE CLUB & COMPETITION TROPHY POINTS SCORE WATER EVENTS, 30 to 44 & 45 & OVER YEARS	<i>THE HILLS S & LSC</i>

Awards Point Score

<p>THE PRESIDENTS CUP Tertiary Organisations <i>University of Newcastle</i> 2385 Points</p>	<p>THE R.J. COSHOTT TROPHY Girls Premier School of the State <i>Wenona School</i> 2831 Points</p>	<p>THE PERCY MARKS CUP Primary Schools 4th Class <i>Bourke Primary School</i> 455 Points</p>
<p>THE AQUATIC CLUB TROPHY Girls High Schools <i>Riverside Girls HS</i> 2203 Points</p>	<p>THE ARTHUR PARKER CUP Boys Premier School of the State <i>Trinity Grammar School</i> 4210 Points</p>	<p>THE DOMINELLI FORD TROPHY Primary Schools - 5th Class <i>Scotts Head Primary School</i> 690 Points</p>
<p>THE MRS. S. BIDNER CUP Girls High Schools - 2nd Place <i>Northern Beaches Secondary College Mackellar Girls Campus</i> 2029 Points</p>	<p>THE CITY TATTERSALS CLUB TROPHY For Metropolitan Schools <i>Trinity Grammar School</i> 4210 Points</p>	<p>THE BRIGHTON LE SANDS RSL CLUB TROPHY Primary Schools - 6th Class <i>Neville Primary School</i> 165 Points</p>
<p>THE CITY TATTERSALS CLUB CUP Boys High School <i>Epping Boys High School</i> 605 Points</p>	<p>THE VICTOR FROST TROPHY Metropolitan Schools - 2nd Place <i>Patrician Brothers College Blacktown School</i> 3436 Points</p>	<p>THE JACK STILWELL FLYNN MEMORIAL CUP Central Schools - 1st Class <i>Jindabyne Central School</i> 350 Points</p>
<p>THE E.A. FRY TROPHY Co-Educational Secondary Schools <i>Westfield Sports High School</i> 3150 Points</p>	<p>THE W. MARX TROPHY Country Schools - 1st Place <i>Kinross Wolaroi School</i> 2992 Points</p>	<p>THE HELEN DRAPER TROPHY Central Schools - 2nd Class <i>Lightning Ridge Central School & Walcha Central School</i> 280 Points</p>
<p>THE BOB KALNIN AWARD Co-Educational Secondary Schools - 2nd Place <i>John Edmondson High School</i> 2285 Points</p>	<p>THE K.W. DRAPER TROPHY Country Schools - 2nd Place <i>St Francis De Sales Regional College Leeton</i> 2600 Points</p>	<p>THE H.C. BAMFORD TROPHY Central Schools - 3rd Class <i>Warren Central School</i> 250 Points</p>
<p>THE EKLUND CUP Girls Independent Schools & Colleges <i>Loreto Normanhurst</i> 2879 Points</p>	<p>THE ALWYNNE WAGSTAFF TROPHY Primary Schools - 1st Class <i>Blacktown South Primary School</i> 685 Points</p>	<p>THE ROWLEY VASS MEMORIAL TROPHY Central Schools - 4th Class <i>Yeoval Central School</i> 325 Points</p>
<p>THE HERBERT WAGSTAFF TROPHY Girls Independent Schools & Colleges - 2nd Place <i>Wenona School</i> 2831 Points</p>	<p>THE M. CULLEN TROPHY Primary Schools - 2nd Class <i>Epping West Primary School</i> 695 Points</p>	<p>THE CLIVE AUSTIN TROPHY Central Schools - 8 & 9 Class <i>Evans River Performing School</i> 440 Points</p>
<p>THE HENDRY CUP Boys Independent Schools & Colleges <i>Trinity Grammar School</i> 4210 Points</p>	<p>THE BOWER CUP Primary Schools - 2nd Class - 2nd Place <i>Gunnedah South Primary School</i> 500 Points</p>	<p>THE F.D. LEANEY TROPHY Schools for Specific Purposes <i>Holroyd School</i> 375 Points</p>
<p>THE ALAN McCLURE CUP Co-Educational Independent Schools & Colleges <i>Oakhill College</i> 3100 Points</p>	<p>THE H.F. PAULL TROPHY Primary Schools - 3rd Class <i>York St Primary School</i> 780 Points</p>	<p>THE KELSO KING EXCELLENCE SHIELD Affiliated Life Saving Clubs <i>Engadine ASC</i> 688 Points</p>
		<p>THE MARION McCANN TROPHY Affiliated Clubs on an Improvement Basis <i>Engadine ASC</i> 41 %</p>

	Awards	Points	Place
PRESIDENT'S CUP			
for Tertiary Organisations			
University of Newcastle	191	2385	1st
Macquarie University	132	1285	2nd
Tocal Agricultural College	85	1275	3rd
Australian Catholic University	18	130	
Avondale College	56	635	
Charles Sturt University- Port Macquarie	43	625	
Charles Sturt University - Wagga	46	600	
Charles Sturt University- Albury (Thurgoona)	51	565	
Southern Cross Cath Vocational Clg	37	185	
University of Western Sydney - Campbelltown	12	180	
University of Wollongong	34	445	
THE AQUATIC CLUB TROPHY			
for Girls High Schools			
Riverside Girls H.S.	430	2203	1st
Northern Beaches Secondary College - Mackellar Girls Campus	383	2029	2nd
Burwood Girls H.S.	139	965	3rd
Asquith Girls H.S.	30	200	
Blacktown Girls H.S.	70	800	
Canterbury Girls H.S.	68	590	
Hornsby Girls H.S.	50	250	
Moorefield Girls H.S.	2	10	
Randwick Girls H.S.	50	750	
Strathfield Girls H.S.	111	555	
Sydney Girls H.S.	150	750	
Willoughby Girls H.S.	30	450	
THE CITY TATTERSALLS CLUB CUP			
for Boys High Schools			
Epping Boys H.S.	121	605	1st
James Cook Boys H.S.	59	545	2nd
Normanhurst Boys H.S.	100	500	3rd
Asquith Boys H.S.	123	459	
Belmore Boys H.S.	20	300	
Birrong Boys H.S.	25	375	
Canterbury Boys H.S.	28	390	
East Hills Boys H.S.	24	120	
Georges River College			
Hurstville Boys Campus	59	295	
Homebush Boys H.S.	26	390	
Liverpool Boys H.S.	60	300	
Northern Beaches Sec. College Balgowlah Boys Campus	7	210	
Randwick Boys H.S.	30	450	
THE E.A. FRY TROPHY			
for Co-Educational Secondary Schools			
Westfield Sports H.S.	322	3150	1st
John Edmondson H.S.	237	2285	2nd
Wyndham Clg	140	2100	3rd
Airds H.S.	71	357	
Albion Park H.S.	51	505	
Albury H.S.	102	510	
Ambarvale H.S.	20	100	
Armidale H.S.	107	743	
Ashcroft H.S.	15	225	

	Awards	Points	Place
Ballina H.S.	20	300	
Barham H.S.	5	25	
Barrenjoey H.S.	75	375	
Batemans Bay H.S.	154	1310	
Bathurst H.S.	26	130	
Bega H.S.	20	100	
Bellingen H.S.	107	865	
Belmont H.S.	19	285	
Beverly Hills IEC	31	155	
Blakehurst H.S.	195	1225	
Blaxland H.S.	2	10	
Bomaderry H.S.	401	1347	
Bossley Park H.S.	65	975	
Bourke H.S.	40	200	
Brisbane Water Secondary Clg Umina Campus	18	90	
Broken Hill H.S.	86	430	
Bulli H.S.	40	600	
Byron Bay H.S.	76	380	
Cabramatta H.S.	55	825	
Callaghan Clg Jesmond Campus	34	170	
Callaghan Clg Wallsend Campus	17	35	
Cambridge Park H.S.	73	365	
Camden H.S.	29	175	
Camden Haven H.S.	55	825	
Campbelltown Performing Arts H.S.	22	330	
Canley Vale H.S.	36	540	
Canobolas Rural Technology H.S.	52	605	
Canowindra H.S.	17	233	
Cardiff H.S.	70	350	
Caringbah H.S.	98	490	
Carlingford H.S.	90	1140	
Casino H.S.	90	450	
Castle Hill H.S.	168	2070	
Cecil Hills H.S.	29	220	
Chatham H.S.	47	705	
Chatswood H.S.	82	1230	
Cherrybrook Technology H.S.	170	850	
Cobar H.S.	43	215	
Coffs Harbour Senior College	26	390	
Colyton H.S.	25	375	
Concord H.S.	81	405	
Condobolin H.S.	16	210	
Corowa H.S.	25	125	
Corrimal H.S.	15	75	
Cowra H.S.	53	715	
Cranebrook H.S.	1	5	
Crestwood H.S.	72	1060	
Crookwell H.S.	76	740	
Cumberland H.S.	56	280	
Dapto H.S.	186	1720	
Davidson H.S.	44	660	
Deniliquin H.S.	12	85	
Dorrigo H.S.	12	180	
Dubbo Clg-Delroy Campus	69	312	
Dubbo College Senior Campus	48	240	
Dubbo College-South Campus	59	295	
Duval H.S.	25	125	
Eden Marine H.S.	42	210	
Elderslie H.S.	21	285	

	Awards	Points	Place
Elizabeth Macarthur H.S.	78	880	
Endeavour Sports H.S.	9	90	
Engadine H.S.	92	460	
Erskine Park H.S.	130	1250	
Fairfield H.S.	47	705	
Fairvale H.S.	195	1225	
Figtree H.S.	141	1105	
Forbes H.S.	75	455	
Fort Street H.S.	154	970	
Galston H.S.	10	150	
Georges River Clg Oatley Senior Campus	121	855	
Georges River Clg Peakhurst Campus	90	700	
Gilgandra H.S.	61	395	
Glendale H.S.	72	520	
Glenmore Park H.S.	122	860	
Glenwood H.S.	90	1050	
Gloucester H.S.	71	355	
Gorokan H.S.	122	610	
Great Lakes Clg Tuncurry Senior Campus	76	560	
Greystanes H.S.	45	675	
GyMEA Technology H.S.	43	385	
Hastings Secondary College	70	350	
Heathcote H.S.	133	1265	
Henry Kendall H.S.	21	167	
Hills Sports H.S.	120	1010	
Holsworthy H.S.	34	182	
Hoxton Park H.S.	64	320	
Hunter River H.S.	48	240	
Hurlstone Agricultural H.S.	15	205	
Illawarra Sports H.S.	15	225	
Irrawang H.S.	42	460	
James Ruse Agricultural H.S.	113	845	
June H.S.	45	305	
Katoomba H.S.	4	40	
Keira H.S.	70	850	
Kellyville H.S.	70	1050	
Kelso H.S.	77	385	
Kempsey H.S.	28	420	
Kiama H.S.	71	355	
Killara H.S.	473	1353	
Kincumber H.S.	81	405	
Kingsgrove H.S.	54	270	
Kirrawee H.S.	111	555	
Kogarah H.S.	15	225	
Koorringal H.S.	38	310	
Kotara H.S.	108	540	
Kyogle H.S.	50	250	
Leeton H.S.	68	340	
Leumeah H.S.	62	930	
Lisarow H.S.	62	920	
Lurnea H.S.	111	555	
Macksville H.S.	22	330	
Maclean H.S.	35	525	
Maitland Grossmann H.S.	17	173	

	Awards	Points	Place
Maitland H.S.	95	475	
Marsden H.S.	151	1415	
Matraville Sports H.S.	55	275	
Melville H.S.	93	545	
Merewether H.S.	2	10	
Merrylands H.S.	85	425	
Miller Technology H.S.	20	300	
Mitchell H.S.	4	25	
Model Farms H.S.	60	900	
Monaro H.S.	25	125	
Moruya H.S.	73	365	
Moss Vale H.S.	70	350	
Mount View H.S.	71	405	
Mudgee H.S.	63	545	
Mullumbimby H.S.	77	385	
Murrumburrah H.S.	9	90	
Muswellbrook H.S.	194	895	
Nambucca Heads H.S.	2	30	
Narooma H.S.	14	200	
Narrabeen Sports H.S.	2	20	
Narrabri H.S.	75	375	
Narromine H.S.	109	630	
Nepean CAPA H.S.	44	640	
Newcastle H.S.	103	675	
Northern Beaches Sec. Clg Cromer Campus	106	427	
Northlakes H.S.	25	125	
Northmead H.S.	75	375	
Nyngan H.S.	2	20	
Open H.S.	83	415	
Orange H.S.	26	210	
Orara H.S.	108	650	
Oxley H.S.	25	125	
Peel H.S.	100	500	
Penrith H.S.	125	1075	
Picton H.S.	40	600	
Plumpton H.S.	40	200	
Port Hacking H.S.	35	175	
Quakers Hill H.S.	377	1161	
Richmond H.S.	97	485	
Riverstone H.S.	13	105	
Robert Townson H.S.	29	435	
Rooty Hill H.S.	75	375	
Rutherford Technology H.S.	129	645	
Ryde Secondary College	22	330	
Sarah Redfern H.S.	32	480	
Sefton H.S.	157	238	
Seven Hills High School	55	275	
Shoalhaven H.S.	64	530	
Singleton H.S.	132	389	
South Grafton H.S.	30	150	
Springwood H.S.	21	315	
St. Clair H.S.-St. Clair	10	150	
St. Ives H.S.-St. Ives	65	715	
St. Johns Park HS St Johns Park	70	1050	
St. Marys Senior H.S. - St Marys	78	390	

	Awards	Points	Place
Strathfield South H.S.	75	375	
Swansea H.S.	95	675	
Sydney Distance Education H.S.	11	55	
Sydney Technical H.S.	22	330	
Sylvania H.S.	23	345	
Taree H.S.	36	180	
Temora H.S.	62	315	
Tempe H.S.	20	100	
Tenterfield H.S.	82	730	
Terrigal H.S.	56	280	
The Forest H.S.	121	985	
The Ponds H.S.	49	245	
Tomaree H.S.	57	285	
Tuggerah Lakes Secondary Clg The Entrance Campus	39	195	
Tuggerah Lakes Secondary Clg Berkeley Vale Campus	84	440	
Tumbarumba H.S.	4	40	
Tumut H.S.	36	180	
Turramurra H.S.	6	30	
Tweed River H.S.	92	460	
Ulladulla H.S.	107	535	
Vincentia H.S.	22	220	
Warialda H.S.	38	230	
Warners Bay H.S.	24	120	
Warrawong H.S.	48	240	
Wauchope H.S.	28	170	
Wee Waa H.S.	50	250	
Wellington H.S.	32	252	
Willyama H.S.	19	95	
Wingham H.S.	69	345	
Winmalee H.S.	10	150	
Wollongong H.S. of the Performing Arts	50	720	
Wollumbin H.S.	45	225	
Woolgoolga H.S.	128	640	
Woolooware H.S.	134	670	
Woonona H.S.	126	1320	
Wyong H.S.	138	690	
Yanco Agricultural H.S.	34	170	
Yass H.S.	28	420	
Young H.S.	88	630	
THE EKLUND CUP For Girls Independent Schools & College			
Loreto-Normanhurst	308	2879	1st
Wenona School	412	2831	2nd
Kambala School	249	2795	3rd
Abbotsleigh School	160	2400	
All Saints Catholic Girls Clg-Liverpool	96	480	
Bethany College	162	2430	
Bethlehem College	193	965	
Brigidine College - Randwick	1	5	
Caroline Chisholm Clg-Glenmore Pk	1	5	
Catherine McAuley-Westmead	48	720	
Cerdon College	179	735	
Danebank Anglican School For Girls	105	878	
Domremy Clg	127	1140	
Kildare Catholic Clg	136	1860	

	Awards	Points	Place
Kincoppal-Rose Bay School	21	195	
Loreto-Kirribilli	339	2495	
Marist Sisters College-Woolwich	75	1125	
Mary Mackillop Clg-Wakeley	94	790	
Mercy College-Chatswood	20	300	
Meriden School	143	715	
MLC School	106	1095	
Monte Sant Angelo Mercy Clg Ltd- North Sydney	187	726	
Mount St. Benedict Clg-Pennant Hills	128	640	
Mount St. Joseph-Milperra	34	510	
Nagle College	118	1050	
New England Girls School	75	969	
Our Lady of Mercy Clg Burraneer- Cronulla	345	2425	
Our Lady of Mercy Clg-Parramatta	61	608	
Our Lady of The Sacred Heart Clg- Kensington	60	900	
Presbyterian Ladies College-Armidale	331	1808	
Pymble Ladies Clg	266	2690	
Ravenswood School for Girls	100	1000	
Roseville College	151	252	
SCEGGS-Darlinghurst	15	225	
St. Catherines School	164	1960	
St. Clares College-Waverley	50	250	
St. Josephs Catholic Clg - East Gosford	26	251	
St. Marys Star of the Sea Clg Ltd - Wollongong	259	2100	
St. Scholasticas College Ltd - Glebe	161	1335	
St. Vincents College Ltd - Potts Point	29	145	
Tangara School for Girls	19	285	
Tara Anglican School	346	1664	
THE HENDRY CUP for Boys Independent Schools & Colleges			
Trinity Grammar School	548	4210	1st
Patrician Brothers Clg - Blacktown	538	3436	2nd
St. Ignatius College-Lane Cove	240	2400	3rd
All Saints Catholic Boys Clg-Liverpool	2	10	
Christian Brothers H.S.-Lewisham	120	600	
Cranbrook School	167	1195	
De La Salle Clg-Caringbah	95	926	
Holy Cross Clg-Ryde	45	225	
La Salle Catholic Clg-Bankstown	50	250	
Marcellin College	40	590	
Marist College-Eastwood	158	1640	
Marist College-Kogarah	56	280	
Marist College-Penshurst	77	385	
Newington College	102	870	
Parramatta Marist H.S.	121	1765	
Patrician Brothers Clg - Fairfield	92	710	
St. Aloysius College	120	600	
St. Edwards Christian Brothers Clg- Gosford	77	1155	
St. Gregorys College-Campbelltown	8	80	
St. Josephs College-Hunters Hill	281	2255	
St. Marys Cathedral Clg - Sydney	63	315	
St. Patricks Clg - Strathfield	7	35	
St. Pauls Catholic College - Greystanes	132	1970	
St. Stanislaus College	51	700	
Tudor House	25	125	

	Awards	Points	Place
THE ALAN McCLURE CUP			
for Co-Educational Independent School & Colleges			
Oakhill College	430	3100	1st
Kinross Wolaroi School	280	2992	2nd
St. John Bosco College-Engadine	217	2615	3rd
All Saints Catholic P.S.	52	256	
All Saints Catholic Senior College Casula	142	1810	
All Saints Clg - Bathurst	13	195	
All Saints Clg - St. Josephs Campus-Lochinvar	164	1007	
All Saints Clg - St. Marys Campus-Maitland	87	470	
All Saints P.S.-Tumbarumba	7	35	
Arndell College	50	250	
Australian Islamic College	93	1395	
Avondale High School	7	65	
Barker College	292	1746	
Bede Polding College	370	2250	
Bellfield College	49	735	
Belmont Christian College	31	305	
Bishop Druitt College	61	915	
Bishop Tyrrell Anglican College	49	625	
Blue Mountains Grammar School	11	112	
Carroll College	142	1290	
Casimir Catholic College	52	780	
Catherine McAuley P.S.-Orange	35	175	
Central Coast Steiner School	43	355	
Champagnat Catholic College	60	300	
Chevalier College	15	225	
Christ The King P.S.-Bass Hill	22	110	
Christadelphian Heritage Clg-Sydney	37	276	
Clancy Catholic Clg-West Hoxton	82	410	
Coffs Harbour Christian Community Secondary School	5	75	
De La Salle Clg-Cronulla	47	235	
Delany Clg	45	225	
Dubbo Christian School	18	270	
Emmaus Catholic Clg	20	300	
Freeman Catholic Clg	14	70	
Gilroy College	204	1020	
Good Samaritan Catholic College-Hinchinbrook	156	1330	
Good Shepherd P.S. Hoxton Park	36	180	
Good Shepherd P.S. Plumpton	57	285	
Hennessy Catholic Clg	112	1100	
Henschke P.S.	111	785	
Holy Cross PS-Woolahra	25	125	
Holy Innocents P.S.-Croydon	17	85	
Holy Spirit College-Lakemba	75	375	
Holy Spirit P.S - Merewether	16	80	
Holy Spirit P.S.-Lavington	26	130	
Holy Trinity P.S.-Wagga	30	440	
Hunter Christian School	23	345	
Hunter Valley Grammar School	47	555	
Illawarra Christian School-Cordeaux	18	148	
Immaculate Heart of Mary P.S.-Sefton	55	275	
James Sheahan Catholic H.S.	252	1790	
John Therry Catholic H.S.-Rosemeadow	90	1330	

	Awards	Points	Place
Key College-Chapel Campus	10	100	
Linuwel School	32	176	
Lutheran P.S. Wagga Wagga Inc.	32	160	
M.E.T.School	16	80	
Macarthur Anglican School	85	1275	
MacKillop Catholic College-Warnervale	79	1080	
MacKillop Senior Campus - Port Macquarie	70	1050	
Macquarie Anglican Grammar School	55	825	
Macquarie College-Wallsend	45	225	
Magdalene Catholic H.S.	133	1594	
Marian Catholic Clg-Griffith	79	455	
Marian Catholic College-Kenthurst	246	1093	
Marion P.S.	10	100	
Mater Dei Catholic Clg - Wagga	18	270	
Mater Dei Catholic P.S.-Wagga	86	430	
McAuley Catholic C.S. - Tumut	15	150	
Montgrove College	25	375	
Moriah College	53	675	
Mount Carmel H.S.-Varroville	53	795	
Newman Snr Tech College	43	435	
Northern Beaches Christian School	70	1040	
Norwest Christian Clg	25	250	
Nowra Anglican Clg	35	145	
O'Connor Catholic College-Armidale	198	1087	
Our Lady of Fatima P.S.-Caringbah	1	5	
Our Lady of Lourdes- Baulkham Hills	21	105	
Our Lady of Lourdes P.S.-Earlwood	25	125	
Our Lady of the Angels P.S.	144	240	
Our Lady of the Rosary P.S.-Kensington	30	150	
Our Lady of the Rosary P.S - Kellyville	35	175	
Our Lady Queen of Peace P.S.-Gladesville	20	100	
Our Lady Queen of Peace School-Greystanes	65	325	
Our Lady Star of the Sea P.S.-Miranda	37	185	
Pacific Hills Christian School	133	493	
Parkes Christian School	36	540	
Penrith Christian School	8	80	
Red Bend Catholic College	248	2440	
Redeemer Baptist School	233	1563	
Richard Johnson Anglican School	18	270	
Riverina Anglican College	4	24	
Rosebank College	79	395	
Rouse Hill Anglican College	31	262	
Sacred Heart Catholic P.S.-Mona Vale	40	200	
Sacred Heart Central School - Cootamundra	72	830	
Sacred Heart P.S.-Tocumwal	8	40	
Sacred Heart PS- Koorlingal	27	345	
San Clemente H.S.	66	330	
Santa Sabina Clg-Strathfield	226	1500	
Scone Grammar School	150	1171	
Shellharbour Anglican College	63	695	
Shire Christian School	16	240	
Southern Highlands Christian School	15	225	
St. Agnes Catholic H.S.-Rooty Hill	61	305	
St. Agnes P.S. - Matraville	17	85	
St. Ambrose P.S.-Concord	25	125	

	Awards	Points	Place
St. Andrews Clg-Marayong	209	2175	
St. Angelas P.S.	45	325	
St. Annes P.S.-Albury	29	435	
St. Annes School-Temora	32	420	
St. Anthony's P.S.-Marsfield	21	105	
St. Augustines School - Narromine	50	250	
St. Bernards P.S.-Batehaven	38	480	
St. Catherine Laboure P.S.-Gymea	33	165	
St. Catherines Catholic Clg - Singleton	20	156	
St. Charles P.S.-Ryde	31	155	
St. Clares H.S.-Taree	108	620	
St. Columbas P.S. -Berrigan	9	29	
St. Declans P.S.-Penshurst	31	155	
St. Dominics Centre For Hearing Impaired Child	1	5	
St. Dominics College	61	305	
St. Euphemia College	51	765	
St. Felix P.S.-Bankstown	40	200	
St. Francis De Sales Regional Clg - Leeton	201	2600	
St. Francis of Assisi Regional P.S. - Paddington	25	125	
St. Francis Xavier P.S.-Urana	3	15	
St. Francis Xaviers Clg-Hamilton	117	585	
St. Francis Xaviers P.S.-Lurnea	27	135	
St. Gabriels P.S.-Bexley	21	105	
St. George Christian School-Hurstville	17	245	
St. Gertrudes P.S.-Smithfield	122	326	
St. Ignatius P.S.-Bourke	15	75	
St. Joan of Arc P.S. - Haberfield	26	130	
St. John Bosco P.S.-Engadine	54	270	
St. Johns College-Dubbo East	257	1617	
St. Johns Junior School-Armidale	197	872	
St. Johns P.S.-Auburn	230	1150	
St. Johns P.S.-Dubbo	254	1406	
St. Johns Paull II Clg	127	1665	
St. Johns School-Baradine	11	165	
St. Joseph The Worker P.S. - Auburn South	17	85	
St. Josephs H.S. - Aberdeen	72	625	
St. Josephs Hastings Regional School - Pt Macquarie	10	150	
St. Josephs P.S. - Belmore	25	125	
St. Josephs P.S. - Boorowa	8	120	
St. Josephs P.S. - Culcairn	7	35	
St. Josephs P.S. - Finley	8	40	
St. Josephs P.S. - Jerilderie	17	255	
St. Josephs P.S. - Junee	15	75	
St. Josephs P.S. - Leeton	30	150	
St. Josephs P.S. - Lockhart	25	275	
St. Josephs P.S. - Moorebank	25	125	
St. Josephs P.S. - Narrandera	16	80	
St. Josephs P.S. - Oatley	81	145	
St. Josephs P.S. - Wagga	14	70	
St. Josephs P.S.- Portland	9	45	
St. Josephs P.S.-Taree	1	5	
St. Laurences School - Forbes	41	205	
St. Lukes P.S. - Revesby	39	195	
St. Marks College Stanhope	175	1475	
St. Mark's Coptic Orthodox College - Wattle Grove	28	420	

	Awards	Points	Place
St. Marouns College - Dulwich Hill	48	720	
St. Marys C.S.-Wellington	21	105	
St. Marys P.S. - Bellingen	22	330	
St. Marys P.S. - Concord	34	170	
St. Marys P.S. - Corowa	14	70	
St. Marys P.S. - Georges Hall	2	10	
St. Marys P.S. - Orange	30	150	
St. Marys P.S. - Young	20	150	
St. Marys War Memorial School - West Wyalong	16	80	
St. Mels P.S. - Campsie	24	120	
St. Michaels P.S. - Coolamon	18	190	
St. Michaels P.S. - Dunedoo	17	165	
St. Michaels P.S. - Lane Cove	43	215	
St. Michaels P.S. - Meadowbank	24	120	
St. Michaels PS - Mittagong	20	100	
St. Patrick Parish School-Albury	5	25	
St. Patricks Clg - Sutherland	37	185	
St. Patricks Marist Clg - Dundas	57	825	
St. Patricks P.S. - Griffith	97	535	
St. Patricks P.S. - Holbrook	6	30	
St. Patricks P.S. - Kogarah	28	132	
St. Patricks P.S. - Trundle	8	40	
St. Patricks Parish School- Albury	29	145	
St. Pauls College - Walla Walla	94	1385	
St. Pauls College - West Kempsey	20	300	
St. Pauls P.S. - Rutherford	15	75	
St. Peters Anglican Primary School	68	600	
St. Peters Catholic Clg - Tuggerah Lakes	39	380	
St. Peters P.S. - Coleambally	5	25	
St. Philip's Christian Clg - Salamander Bay	66	340	
St. Phillip's Christian Clg-Cessnock	38	570	
St. Philomenas School - Moree	9	135	
St. Pius P.S. - Enmore	25	125	
St. Pius X H.S. - Adamstown	65	325	
St. Raphaels C.S. - Cowra	19	177	
St. Thereses P.S. - Sadleir	23	115	
St. Thomas Mores P.S. - Brighton-Le-Sands	20	100	
St. Madelines - Kenthurst	30	150	
The Illawarra Grammar School	269	1747	
The Scots School - Bathurst	63	234	
The Scots School-Albury	112	600	
Toongabbie Christian School	78	1170	
Trinity Anglican Clg - Albury	22	330	
Trinity Catholic Clg-Auburn	9	125	
Trinity Catholic Clg-Goulburn	71	746	
Trinity Catholic Clg-Lismore	24	360	
Victory Lutheran College	142	1350	
Wagga Wagga Christian College	67	1005	
William Clarke College	136	770	
Wycliffe Christian School	18	133	
Xavier Catholic Clg-Ballina	37	555	
Xavier H.S.-Albury	16	240	

THE ALWYNNE WAGSTAFFE TROPHY
for Primary Schools 1st Class

Blacktown South P.S.	137	685	1st
Rouse Hill P.S.	120	600	2nd
Matthew Pearce P.S.	139	555	3rd

	Awards	Points	Place
Artarmon P.S.	74	370	
Auburn West P.S.	77	385	
Berala P.S.	65	325	
Berkeley Vale PS	42	210	
Bonnyrigg Heights P.S.	100	500	
Caddies Creek P.S.	70	350	
Castle Hill P.S.	72	360	
Dalmeny P.S.	25	125	
Dapto P.S.	69	345	
Denistone East P.S.	63	315	
Fairfield Heights P.S.	50	250	
Forster P.S.	77	385	
Georges Hall P.S.	55	275	
Hampden Park P.S.	75	375	
Harbord P.S.	56	280	
Harrington Park P.S.	43	215	
Hassall Grove P.S.	8	40	
Kariong P.S.	15	75	
Narellan Vale P.S.	56	280	
Newport P.S.	50	250	
Orange P.S.	52	260	
St. Andrews P.S.-St. Andrews	59	295	
Strathfield South P.S.	90	450	
Westmead P.S.	87	435	

THE M CULLEN TROPHY

for Primary School-2nd Class

Epping West PS	139	695	1st
Gunnedah South P.S.	100	500	2nd
Fairvale P.S.	97	485	3rd
Albury P.S.	52	260	
Banora Point P.S.	73	365	
Batemans Bay P.S.	63	315	
Belair P.S.	35	175	
Bennett Road P.S.	49	245	
Bidwill P.S.	50	250	
Birrong P.S.	50	250	
Bletchington P.S.	46	230	
Bradbury P.S.	40	200	
Burwood P.S.	59	295	
Busby West P.S.	56	280	
Byron Bay PS	50	250	
Calare P.S.	43	215	
Cambridge Park P.S.	50	250	
Camden South P.S.	57	285	
Campsie P.S.	53	265	
Carlingford West P.S.	88	440	
Caves Beach P.S.	8	40	
Cecil Hills P.S.	51	255	
Cherrybrook P.S.	50	250	
Condell Park P.S.	55	275	
Crawford P.S.	60	300	
Crestwood P.S.	54	270	
Currans Hill P.S.	41	205	
Drummoyne P.S.	30	150	
Dulwich Hill P.S.	62	310	
Fairfield P.S.	25	125	
Fennell Bay P.S.	37	185	
Flinders P.S.	47	235	
Forestville P.S.	4	20	

	Awards	Points	Place
Glenmore Park P.S.	88	440	
Gosford P.S.	43	215	
Green Valley P.S.	44	220	
Griffith East P.S.	48	240	
Haberfield P.S.	60	300	
Hammondville P.S.	40	200	
Harcourt P.S.	44	220	
Hazelbrook P.S.	25	125	
Hiltop Road P.S.	60	300	
Hobartville P.S.	45	225	
Holsworthy P.S.	52	260	
Homebush P.S.	36	180	
Hornsby North P.S.	52	260	
Illaroo Road P.S.	51	255	
Jasper Road P.S.	67	335	
Kellyville Ridge P.S.	65	325	
Kincumber P.S.	39	195	
King Street P.S.	32	160	
Kings Langley P.S.	50	250	
Lake Munmorah P.S.	43	215	
Leumeah P.S.	92	460	
Lidcombe P.S.	70	350	
Lindfield P.S.	50	250	
Liverpool P.S.	63	315	
Manly West P.S.	80	400	
Marayong P.S.	70	350	
Moree P.S.	80	400	
Mosman P.S.	50	250	
Mount Annan P.S.	46	230	
Mount Terry P.S.	75	375	
Mudgee P.S.	1	5	
Narranga P.S.	50	250	
Newbridge Heights P.S.	50	250	
North Rocks P.S.	58	290	
Oran Park PS	50	250	
Orana Heights PS	82	410	
Oxley Park P.S.	55	275	
Parke P.S.	38	190	
Parklea P.S.	61	305	
Parramatta West P.S.	62	310	
Peakhurst P.S.	53	265	
Pennant Hills P.S.	40	200	
Pottsville Beach P.S.	50	250	
Prestons P.S.	41	205	
Quakers Hill East P.S.	52	260	
Randwick P.S.	54	270	
Regentville P.S.	8	40	
Rockdale P.S.	44	220	
Rosehill P.S.	55	275	
Rutherford Public School	56	280	
Rydalmere P.S.	50	250	
Sackville Street P.S.	46	230	
Samuel Gilbert P.S.	40	200	
Sherwood Ridge P.S.	75	375	
Singleton Heights P.S.	48	240	
South Coogee P.S.	48	240	
St. Ives North P.S.	36	95	
Sylvania Heights P.S.	55	275	
Tamworth South P.S.	63	315	
Tanilba Bay P.S.	45	225	

	Awards	Points	Place
The Entrance P.S.	62	310	
Thornleigh West P.S.	20	100	
Toongabbie P.S.	55	275	
Turrumurra P.S.	40	200	
Unanderra P.S.	37	185	
Vardys Road P.S.	37	185	
Wahroonga P.S.	72	360	
Waratah P.S.	32	160	
Wellington P.S.	29	145	
West Pennant Hill PS	50	250	
Westlawn PS	38	190	
Wheeler Heights P.S.	40	200	
Wilkins P.S.	10	150	
Winston Hills P.S.	29	145	
Wirreanda P.S.	51	255	
Woollahra PS	55	275	
Woy Woy P.S.	45	225	
Young P.S.	52	260	

THE H.F PAULL TROPHY
for Primary School-3rd Class

York P.S.	52	780	1st
Armidale City P.S.	163	368	2nd
Condobolin P.S.	73	365	3rd
Anna Bay P.S.	29	145	
Annandale North P.S.	30	150	
Ashbury P.S.	31	155	
Ashmont P.S.	30	150	
Ashtonfield P.S.	44	220	
Avoca Beach P.S.	32	160	
Barrack Heights PS	39	195	
Bass Hill P.S.	40	200	
Bathurst West P.S.	49	245	
Beaumont Road PS	30	150	
Belmore South P.S.	30	150	
Beresford Road P.S.	54	270	
Berowra P.S.	28	140	
Bexley North P.S.	40	200	
Biddabah P.S.	38	190	
Boambee PS	49	245	
Bogangar P.S.	25	125	
Bossley Park P.S.	40	200	
Branxton P.S.	30	150	
Brisbania P.S.	24	120	
Cambridge Gardens P.S.	39	195	
Cardiff South P.S.	24	120	
Carlingford P.S.	35	175	
Castle Cove P.S.	35	175	
Chullora P.S.	40	200	
Claymore P.S.	53	265	
Coonabarabran P.S.	6	90	
Corowa P.S.	50	250	
Dubbo P.S.	67	335	
Dubbo West P.S.	60	300	
Dural P.S.	35	175	
Eastwood Heights P.S.	36	180	
Eglington P.S.	42	210	
Elmore Vale PS	30	150	
Emu Heights PS	27	135	
Emu Plains P.S.	45	225	
Epping North P.S.	27	135	

	Awards	Points	Place
Epping P.S.	33	165	
Erina Heights P.S.	25	125	
Excelsior P.S.	42	210	
Forbes P.S.	54	270	
Gladesville P.S.	38	190	
Glendore P.S.	37	185	
Glenhaven P.S.	31	155	
Glenmore Road P.S.	31	82	
Gordon West PS	54	270	
Grahamstown P.S.	37	185	
Griffith North P.S.	50	250	
Griffith P.S.	53	265	
Grose View P.S.	20	100	
Gwandalan P.S.	26	130	
Hillvue P.S.	50	250	
Hornsby South P.S.	45	225	
Hunters Hill P.S.	28	140	
Ironbark Ridge P.S.	50	250	
Jamisontown P.S.	30	150	
Kareela P.S.	25	125	
Kegworth P.S.	41	205	
Kiama P.S.	37	185	
Kingswood P.S.	35	175	
Kingswood South P.S.	20	100	
Kogarah P.S.	36	180	
Koorringal P.S.	44	220	
Korora P.S.	38	190	
Lake Albert P.S.	46	230	
Lane Cove West P.S.	46	230	
Lavington East P.S.	40	200	
Leeton P.S.	49	245	
Leura p.s.	22	110	
Lilly Pilli P.S.	25	125	
Lismore P.S.	41	205	
Lismore South P.S.	33	165	
Lithgow P.S.	48	240	
Lugaro P.S.	25	125	
Lynwood Park P.S.	50	250	
Marayong Heights PS	22	110	
Marayong South P.S.	35	175	
Marton P.S.	30	150	
Mawarra P.S.	30	150	
Mayfield West P.S.	35	175	
Medowie P.S.	29	145	
Metford P.S.	42	210	
Middle Harbour P.S.	50	250	
Middleton P.S.	33	165	
Miller P.S.	40	200	
Mittagong P.S.	48	240	
Moama P.S.	30	150	
Mount Pritchard P.S.	30	150	
Narrabri PS	46	230	
Narraweena P.S.	34	170	
New Lambton South P.S.	32	160	
Newington PS	28	140	
North East P.S. of Distance Education	50	250	
North Haven P.S.	25	125	
Oakville P.S.	31	155	
Oatley P.S.	42	210	
Oberon PS	26	130	

	Awards	Points	Place
Ocean Shores P.S.	26	130	
Panania P.S.	40	200	
Peakhurst West P.S.	25	125	
Penrith P.S.	55	275	
Penshurst P.S.	50	250	
Penshurst West P.S.	25	125	
Picnic Point P.S.	31	155	
Putney P.S.	33	165	
Ruse P.S.	36	180	
Ryde P.S.	45	225	
Seven Hills West P.S.	41	205	
Sir Henry Parkes Memorial School	50	250	
South West Rocks P.S.	35	175	
Springwood P.S.	67	335	
St. Georges Basin P.S.	25	125	
Stanmore P.S.	51	255	
Sturt P.S.	30	150	
Sunshine Bay P.S.	25	125	
Surveyors Creek P.S.	55	275	
Temora P.S.	23	115	
Tenambit P.S.	47	235	
Terranora P.S.	30	150	
Tharawal P.S.	27	135	
Thirlmere P.S.	37	185	
Thurgoona P.S.	33	165	
Tomaree P.S.	44	220	
Toormina P.S.	34	170	
Truscott Street P.S.	26	130	
Tumut P.S.	29	145	
Turvey Park P.S.	38	190	
Vincentia P.S.	50	250	
Waniora P.S.	40	200	
Warners Bay PS	39	195	
Werrington P.S.	38	190	
Westdale P.S.	50	250	
Whyralla Rd P.S.	25	125	
William Dean P.S.	23	115	
Wingham Brush P.S.	27	135	
Wollongong P.S.	44	340	
Woolgoolga PS	28	140	
Yowie Bay P.S.	45	225	

THE PERCY MARKS CUP

for Primary School-4th Class

Bourke P.S.	91	455	1st
Coffs Harbour P.S.	70	350	2nd
Jindera P.S.	22	330	3rd
Adamstown P.S.	21	105	
Albury North P.S.	2	10	
Ambarvale P.S.	40	200	
Annandale P.S.	50	250	
Appin P.S.	28	140	
Arcadia Vale P.S.	9	45	
Ashfield P.S.	38	190	
Bangalow P.S.	25	125	
Bellbird P.S.	30	150	
Bellingen P.S.	25	125	
Berkeley West P.S.	25	125	
Berry P.S.	28	140	
Bert Oldfield P.S.	22	110	
Bonnyrigg P.S.	47	235	

	Awards	Points	Place
Brunswick Head P.S.	16	80	
Bulli P.S.	16	80	
Buninyong P.S.	59	295	
Burnside P.S.	21	105	
Buxton P.S.	15	75	
Camden P.S.	31	155	
Campbelltown East P.S.	35	175	
Caringbah P.S.	30	150	
Carramar P.S.	38	190	
Charlestown P.S.	23	115	
Chertsey P.S.	34	170	
Chifley P.S.	18	90	
Chipping Norton P.S.	50	250	
Clarence Town P.S.	16	80	
Colo Vale P.S.	24	120	
Coniston P.S.	29	145	
Cooma North PS	26	130	
Coorangbong P.S.	32	160	
Crown Street P.S.	25	125	
Dee Why P.S.	39	195	
Deniliquin North P.S.	31	155	
Deniliquin South P.S.	25	125	
Denman P.S.	17	85	
Dorrigo P.S.	9	135	
Dubbo North P.S.	37	185	
Eastlakes P.S.	21	105	
Edward P.S.	25	125	
Finley P.S.	20	100	
Forest Hill P.S.	23	115	
Galston P.S.	30	150	
Glenwood P.S.	25	125	
Glossodia P.S.	24	120	
Grenfell P.S.	20	100	
Guise P.S.	25	125	
Gulmarrad P.S.	25	125	
Gundagai P.S.	16	80	
Heathcote P.S.	21	105	
Hill Top P.S.	22	110	
Hillsborough P.S.	26	130	
Holgate P.S.	18	90	
Hornsby Heights P.S.	25	125	
Howlong P.S.	20	100	
Hume P.S.	45	225	
Illawong P.S.	27	135	
Irrawang P.S.	22	110	
Jesmond P.S.	21	105	
John Palmer P.S.	63	315	
Junee North P.S.	25	125	
Kemps Creek P.S.	18	90	
Kempsey East P.S.	26	130	
Kempsey South P.S.	34	170	
Kent Road P.S.	41	205	
Killara P.S.	28	140	
Kirrawee P.S.	28	140	
Kootingal P.S.	25	125	
Kotara South P.S.	36	180	
Kurmond P.S.	19	95	
Kyogle P.S.	34	260	
Lapstone P.S.	18	90	
Leony P.S.	30	150	

	Awards	Points	Place
Llandilo P.S.	30	150	
Mayfield East P.S.	28	140	
Meadowbank P.S.	23	115	
Merewether P.S.	12	60	
Middleton Grange P.S.	66	330	
Minto P.S.	25	125	
Miranda North P.S.	26	130	
Miranda P.S.	47	235	
Moree East P.S.	25	125	
Morpeth P.S.	25	125	
Mowbray P.S.	41	205	
Mullaway P.S.	25	125	
Mullumbimby P.S.	25	125	
Murwillumbah P.S.	25	125	
Nabiac P.S.	28	140	
Nambucca Heads P.S.	28	140	
Newling P.S.	20	100	
North Wagga P.S.	20	100	
Nuwarra P.S.	40	200	
Nyngan P.S.	16	80	
Oatlands P.S.	25	125	
Old Guildford P.S.	43	215	
Orange East P.S.	35	175	
Pagewood P.S.	21	105	
Parkview P.S.	40	200	
Parramatta East P.S.	40	200	
Pelaw Main P.S.	24	120	
Pendle Hill P.S.	28	140	
Plattsburg P.S.	28	140	
Rainbow Street P.S.	40	200	
Rathmines P.S.	16	80	
Redhead P.S.	25	125	
Revesby P.S.	45	225	
Richmond P.S.	29	145	
Russell Vale P.S.	25	125	
Sawtell P.S.	35	175	
School of the Air	22	110	
Seaham P.S.	55	275	
Seven Hills North P.S.	48	136	
Shortland P.S.	22	110	
Speers Point P.S.	25	125	
St. Marys South P.S. - St Marys	25	125	
Stockton P.S.	24	120	
Sutherland P.S.	24	120	
Temora West P.S.	7	35	
The Grange P.S.	25	125	
The Meadows P.S.	36	180	
Tighes Hill P.S.	24	120	
Tolland P.S.	51	255	
Tower Street P.S.	20	100	
Tweed Heads P.S.	28	140	
Urunga P.S.	25	125	
Villawood East P.S.	48	240	
Wallsend P.S.	45	225	
Warilla P.S.	23	115	
Warwick Farm P.S.	24	120	
West Ryde P.S.	55	275	
West Wyalong P.S.	30	150	
Widemere P.S.	20	100	
William Bayldon P.S.	60	300	

	Awards	Points	Place
Windsor P.S.	18	90	
Wiripaang P.S.	35	175	
Woodberry P.S.	31	155	
Woodland Road P.S.	17	85	
Woronora River P.S.	15	75	
Young North P.S.	24	120	
THE DOMINELLI FORD TROPHY for Primary School-5th Class			
Scotts Head P.S.	46	690	1st
Yanco P.S.	100	500	2nd
Burren Junction P.S.	25	225	Eq 3rd
Laguna P.S.	45	225	Eq 3rd
Bedgerebong P.S.	3	15	
Bemboka P.S.	30	150	
Black Hill P.S.	16	80	
Boggabri P.S.	25	125	
Bonnet Bay P.S.	25	125	
Boomi P.S.	10	50	
Booral P.S.	29	145	
Borenore P.S.	18	90	
Candelo P.S.	11	55	
Cardiff North P.S.	18	90	
Cawdor P.S.	12	60	
Clergate P.S.	34	170	
Clunes P.S.	25	125	
Coledale P.S.	12	60	
Colo Heights P.S.	10	50	
Coolongolook P.S.	11	55	
Copmanhurst P.S.	25	125	
Corindi P.S.	25	125	
Coutts Crossing P.S.	25	125	
Cowan P.S.	12	60	
Cringila P.S.	24	120	
Cronulla P.S.	43	215	
Cudal P.S.	8	40	
Cumnock P.S.	10	50	
Darlington Point School	20	100	
Douglas Park P.S.	11	55	
Dungowan P.S.	25	125	
Dunoon P.S.	25	125	
Duri P.S.	26	130	
Fassifern P.S.	29	145	
Geurie P.S.	29	145	
Hamilton North P.S.	14	70	
Henty P.S.	20	100	
Islington P.S.	22	110	
Jiliby P.S.	8	40	
June P.S.	20	100	
Kapooka P.S.	20	100	
Karang P.S.	10	50	
Kemblawarra P.S.	25	125	
Krambach P.S.	10	50	
Ladysmith P.S.	15	75	
Lake Wyangan P.S.	25	125	
Leppington P.S.	16	80	
Main Arm P.S.	36	180	
Maroubra Bay P.S.	31	155	
Marrickville P.S.	20	100	
Mathoura P.S.	22	110	
Meadow Flat P.S.	8	40	

	Awards	Points	Place
Melrose Park P.S.	22	110	
Millers Forest P.S.	12	60	
Minmi P.S.	15	75	
Moorland P.S.	16	80	
Mount Pleasant P.S.	22	110	
Mount Riverview P.S.	18	90	
Murrurundi PS	15	75	
Nashdale P.S.	23	115	
Nicholson Street P.S.	19	95	
Pitt Town P.S.	25	125	
Plunkett Street P.S.	10	50	
Raleigh P.S.	24	120	
Somersby P.S.	30	150	
Stuarts Point P.S.	13	65	
Sylvania P.S.	15	75	
Table Top P.S.	20	100	
Tabulam PS	13	65	
Teven-Tintenbar P.S.	15	75	
Tocumwal P.S.	15	75	
Ulmarra PS	16	80	
Waratah West P.S.	15	75	
Wombat P.S.	8	40	
Woolomin PS	8	120	
Yarrawarra P.S.	31	155	

THE BRIGHTON –LE-SANDS RSL CLUB TROPHY

for Primary School-6th Class

Neville P.S.	11	165	1st
Walbundrie P.S.	25	125	2nd
Belltrees P.S.	18	90	3rd
Bogan Gate P.S.	10	50	
Caragabal P.S.	1	5	
Dundurrabin P.S.	15	75	
Hill End P.S.	7	35	
Mingoola P.S.	9	45	
Mummilgum PS	8	40	

THE JACK STILLWELL FLYNN MEMORIAL CUP

for Central Schools-1st Class

Jindabyne C.S.	70	350	1st
Bulahdelah C.S.	15	225	2nd
Dubbo School of Distance	38	205	3rd

THE HELEN DRAPER TROPHY

for Central Schools-2nd Class

Lightning Ridge C.S.	56	280	1st
Bowraville C.S.	17	255	2nd
Coolamon C.S.	16	240	3rd
Balranald C.S.	40	200	
Braidwood C.S.	10	100	
Norfolk Island CS	27	135	
Walcha C.S.	47	235	

THE H.C. BAMFORD TROPHY

for Central Schools-3rd Class

Warren C.S.	50	250	1st
Trangie C.S.	48	240	2nd
Brewarrina C.S.	46	230	3rd
Barraba C.S.	26	130	
Batlow Technology C.S.	28	140	
Bonalbo C.S.	25	125	
Coleambally C.S.	3	30	
Coolah C.S.	2	10	

	Awards	Points	Place
Dunedoo C.S.	32	160	
Lake Cargelligo C.S.	10	95	
Lockhart CS	25	125	
Peak Hill C.S.	27	135	
Woodenbong C.S.	35	175	

THE ROWLEY VASS MEMORIAL TROPHY

for Central Schools-4th Class

Yeoval C.S.	39	325	1st
Tullibigeal C.S.	28	280	2nd
Mendooran C.S.	36	270	3rd
Ardlethan CS	25	125	
Baradine C.S.	10	150	
Barellan C.S.	24	120	
Binnaway C.S.	31	155	
Goodooga C.S.	15	225	
Gulargambone C.S.	32	160	
Oaklands C.S.	20	260	
Tooleybuc C.S.	39	265	
Trundle C.S.	36	202	
Tullamore C.S.	28	170	

THE CLIVE AUSTIN TROPHY

for Central Schools-8th & 9th Class

Evans River Community School	88	440	1st
Hunter School of Performing Arts	3	15	2nd

THE F.D LEANEY TROPHY

for Schools for Specific Purposes

Holroyd School	75	375	1st
Arranounbai School	61	305	2nd
Aspect South Coast School	60	300	3rd
Anson Street School	30	150	
Aspect Hunter School	51	255	
Aspect South East Sydney School	38	190	
Bates Drive SSP	29	145	
Bridge Rd School	20	100	
Bullimbal School	31	155	
Cairnsfoot School Arncliffe	52	260	
Canterbury Vale School. NSWRSR	12	60	
Coreen School	10	50	
Cromehurst School	29	145	
Fernhill School	42	261	
Five Islands School	14	70	
Fowler Road School	23	115	
Halinda School	50	250	
Havenlee SSP	53	265	
Holman Place School	10	38	
Hopetown School	24	120	
John Hunter Hospital School	7	35	
Kariong Mountains School	9	45	
Karonga School	51	255	
Kotara School	14	70	
Lakeside School	21	105	
Lucas Gardens SSP	20	160	
Mian School	16	80	
Minerva School	26	130	

	Awards	Points	Place
Newcastle Senior School	31	155	
Para Meadows School	52	260	
Passfield Park School	35	175	
Putland Education and Training Unit	50	250	
Sir Eric Woodward Memorial Sch.	47	235	
St. George SSP-Kogarah	55	275	
Stewart House School	15	75	
The Beach School	1	15	
The Crescent School	33	165	
The Ponds School	45	225	
Wakefield School	21	105	
Wewak Street School	27	135	
Willans Hill School	25	125	
THE KELSO KING EXCELLENCE SHIELD			
for Affiliated Lifesaving Clubs			
Engadine ASC	130	688	1st
The Hills S & LSC	55	469	2nd
Enfield LSC	64	389	3rd
Port Hacking Lifeguard Club	14	140	
Woronora LS&RPC	28	96	



Sophie Richardson receiving the Derek Memorial Trophy from Sandra Richardson

RLSSA NSW BRANCH OFFICES

NEW SOUTH WALES BRANCH

Chief Executive Officer - David Macallister
PO Box 8307, Baulkham Hills BC NSW 2153
34/10 Gladstone Rd, Castle Hill NSW 2154
Tel: (02) 9634 3700 Fax: (02) 9634 8529
Email: nsw@royalnsw.com.au

HUNTER REGIONAL OFFICE

Regional Manager – Tanya Brunckhorst
PO Box 412, The Junction NSW 2291
McDonald Jones Administration Building
Ground Floor, Turton Road
BROADMEADOW NSW 2292
Tel: (02) 4929 5600 Fax: (02) 4929 4397
Email: hunter@royalnsw.com.au

ILLAWARRA REGIONAL OFFICE

Regional Manager - Ian Kennerley
PO Box 574, Wollongong NSW 2520
Government Office Block, Level 2, 84 Crown
Street, Wollongong NSW 2520
Tel: (02) 4225 0108 Fax: (02) 4228 5399
Email: illawarra@royalnsw.com.au

NORTHERN REGIONAL OFFICE

Regional Manager - Jason Phillips
PO Box 2455, Coffs Harbour NSW 2450
10/26 Orlando Street,
Coffs Harbour NSW 2450
Tel: (02) 6651 6266 Fax: (02) 6651 6980
Email: northern@royalnsw.com.au

WESTERN REGIONAL OFFICE

Regional Manager – Alison Middleton
PO Box 313, Orange NSW 2800
76 McNamara Street, Orange NSW 2800
Tel: (02) 6369 0679 Fax: (02) 6362 3264
Email: western@royalnsw.com.au

RIVERINA REGIONAL OFFICE

Regional Manager – Michael Dasey
PO Box 701, Wagga Wagga NSW 2650
Bolton Park Swimming & Recreation Centre,
Morgan Street, Wagga Wagga NSW 2650
Tel: (02) 6921 7422 Fax: (02) 6921 7124
Email: riverina@royalnsw.com.au

AQUATIC SAFETY TRAINING ACADEMY

**General Manager Aquatics –
Matt Griffiths**
78 Best Road
Seven Hills NSW 2147
Tel: (02) 8814 8637 Fax: (02) 8814 8687
Email: mattgriffiths@royalnsw.com.au

RLSSA NSW SUB-BRANCHES

ARMIDALE & NEW ENGLAND

Peter Dooley
6 Tanglewood road
ARMIDALE NSW 2350

BROKEN HILL

Rick Cooper
2 Rockwell Street
BROKEN HILL NSW 2880

TWEED

Jeff Collier
43 Charles Street
MURWILLUMBAH NSW 2484

BALRANALD & DISTRICT

Laurel Stevens
49 Malcolm Street
BALRANALD NSW 2715

NORTHERN NEW ENGLAND

Warwick Twigg
PO Box 16
GLEN INNES NSW 2370

RLSSA NSW AFFILIATED CLUBS

ENFIELD LSC

Trish McEwen
28 Weil Avenue
CROYDON PARK NSW 2133

MURWILLUMBAH SWIMMING CLUB

Nicole Morris
PO Box 437
MURWILLUMBAH NSW 2484

THE HILLS S & LSC

Melanie Williams
58 First Farm Road
CASTLE HILL NSW 2154

ENGADINE ASC

Eion McCrindle
8 Kelton Place
ENGADINE NSW 2233

PORT HACKING LIFEGUARDS

Felsia Konakoff
36 Bignell Street
ILLAWONG NSW 2234

WORONORA LS & RPC

Clare Carroll
2 The Crescent
WORONORA NSW 2232

Acknowledgements

The Royal Life Saving Society Australia New South Wales Branch would like to acknowledge and thank the following Government Departments, New South Wales Registered Clubs, Schools, Partners, Sponsors and organisations for their continued support of the Society, its teachings and ideals throughout the 2016/2017 year:

PARTNERS

NSW Office of Sport, Sport and Recreation
NSW Office of Emergency Management
NSW Office of Local Government
NSW Dept of Education
NSW Centre for Maritime Safety
NSW Health
NSW Water Safety Advisory Council
Hills Shire Council
Laerdal Pty Ltd
Australian Training Company
Sydney Olympic Park Aquatic Centre
Aquatic and Recreation Institute
AUSTSWIM NSW
Canopi Pty Ltd (eLearning)
Janison (Learning management)
Media Key (Media consultants)
Fast Aid (First Aid solutions)
SkillsIQ
Macquarie University
Studio One Another (Design)

SPONSORS

Hunter Holden
General Motors Holden
Laerdal Pty Limited
Nepean Rubber & Plastics
Rolls-Royce Owners' Club of Australia
New South Wales Branch
Commonwealth Bank – Blacktown Branch

COMMUNITY COLLEGE

St George Sutherland Community College

NSW REGISTERED CLUBS

St George Masonic Club
Mortdale RSL Club
Canada Bay Club
Seven Hills-Toongabbie RSL Club
Fairfield RSL Club
Cabra-vale Diggers Ex-Active Servicemen's Club Limited
Campsie RSL Club
Petersham RSL Club
Earlwood-Bardwell Park RSL Club
Wenty Leagues Club
Club Merrylands Bowling
Penrith Panthers
Club Burwood RSL
Chatswood RSL Club
North Ryde RSL Club

NSW SCHOOLS

Anson St School
Asquith Girls High School
Auburn West Public School
Bellingen Public School
Belmont Christian School
Bethlehem College
Bossley Park Public School
Branxton Public School
Broken Hill High School
Canterbury Girls High School
Carlingford West Public School
Casimir Catholic College – Marrickville
Charles Sturt University – Wagga Wagga
Clancy Catholic College - West Hoxton
Christadelphian Heritage College
Concord High School
Fairfield Heights Public School
Geurie Public School
Gilgandra High School
Good Shepherd Primary School
- Hoxton Park
Gorokan High School
Greystanes High School
Hassall Grove Public School
Hazelbrook Public School
Holsworthy Public School
Holy Trinity Primary School - Wagga Wagga
Jonee High School
Kambala School
Kellyville High School.
Killara High School
Kincumber Public School
Kingswood Public School
Leumeah Public School
Lugarno Public School
Manly West Public School
Mathoura Public School
Meriden School
Minto Public School
Minerva School
Miranda Public School
Mudgee High School
Newington Public School
Northern Beaches Christian School
Northern Beaches Secondary College
- Freshwater Campus
Orara High School
Panania Public School
Port Hacking High School
Prestons Public School
Revesby Public School
Riverina Anglican College
Riverstone High School
Rosebank College
Springwood High School
St Agnes Primary School - Matraville
St Catherine's Catholic College - Singleton

St Clair High School
St Francis Xavier's College – Hamilton
St. Joseph's High School. – Aberdeen
St Joseph's Primary School – Boorowa
St Joseph's Primary School - Leeton
St Luke's Primary School - Revesby
St Mary's Primary School –Orange
St. Mary's Primary School – Young
St Mary's Star of the Sea - Wollongong
St Patrick's Primary School - Griffith
St Patrick's Primary School - Kogarah
St Paul's College - West Kempsey
St Pius High School - Adamstown
Sutherland Public School
Sydney Distance Education
Tanilba Bay Public School
Taree High School
Tenambit Public School
Terrigal High School
The Forest High School
The Scots College - Bathurst
Toongabbie Christian School
Trinity Grammar School - Summer Hill
Truscott Street Public School
Tuggerah Lakes Secondary College
- Berkeley Vale Campus
Tullamore Central School
Tullibigeal Central School
Vincentia High School
Wallsend Public School
Waniora Public School
West Wyalong Public School
Wewak Street School
William Clarke College
Wollongong High School
Xavier College - Ballina



The Royal Life Saving Society Australia New South Wales Branch offers its sincere thanks and appreciation for the support of the New South Wales Government, primarily through:

- Office of Sport, Sport and Recreation
- NSW Office of Emergency Management
- The Honourable Stuart Ayres MP, NSW Minister for Sport
- The Honourable Troy Grant MP, NSW Minister for Emergency Services

“HELP US SAVE LIVES”



★
SAVING LIVES IN NSW
SINCE 1894



For more information visit www.royallifesaving.con.au